

North Central Massachusetts

FAMILY RESOURCE GUIDE



Serving the communities of:

Ashburnham
Athol
Barre
Bolton
Clinton
Fitchburg

Gardner
Hardwick
Holden
Hubbardston
Lancaster

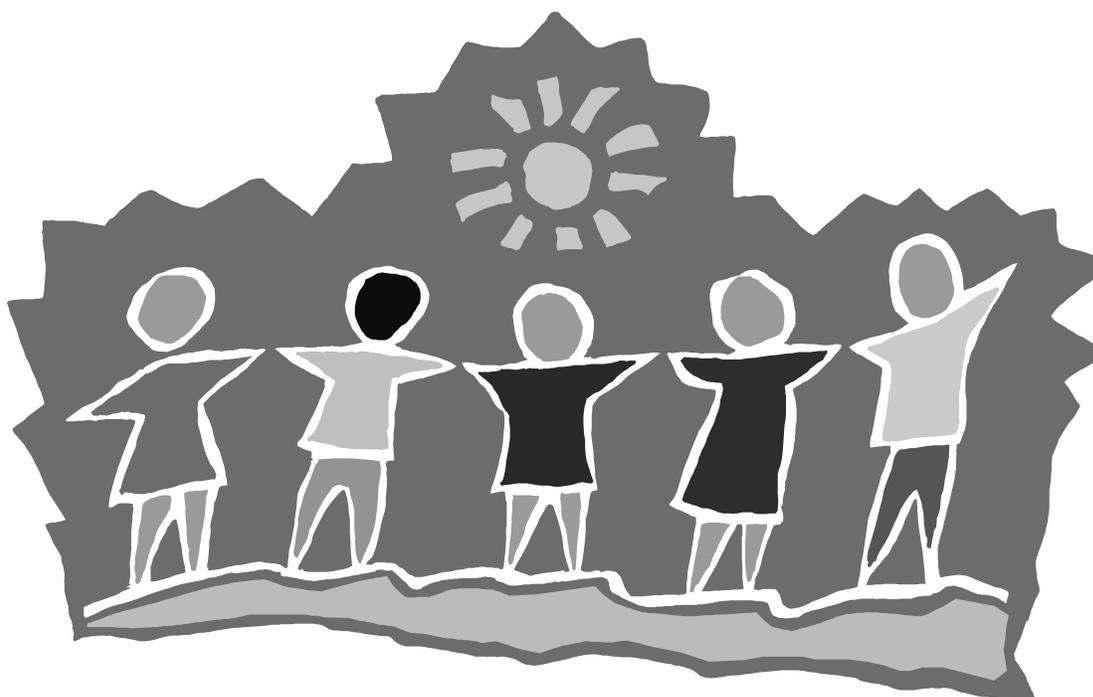
Leominster
New Braintree
Oakham
Paxton
Princeton

Royalston
Rutland
Sterling
Stow
Westminster
Winchendon

Published January 2015

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This *North Central Massachusetts Family Resource Guide* has been developed to help individuals, families, and professionals connect with many of the resources available in the North Central Massachusetts area. Whether you are looking for preschool or adult services, recreation opportunities, emergency support, government programs, housing or health services, we hope that this guide will be a good place to begin.

The following programs, funded by grants from the **Massachusetts Department of Early Education and Care (EEC)**, collaborated to produce this family resource guide:

- *Ashburnham-Westminster Community Partnership for Children*
- *Clinton Community Partnerships for Children*
- *Leominster Project Apples, CFCE*
- *Valuing Our Children, Athol-Royalston*
- *MOC Community Partnership, Fitchburg*
- *MOC Community Partnership, Gardner*
- *MOC Community Partnership, Quabbin*
- *Nashoba Community Partnerships for Children*
- *Wachusett Coordinated Family & Community Engagement Program*
- *Winchendon Community Partnerships for Children*

Please note: Although every effort has been made to provide complete and accurate information, those involved in developing this resource guide make no warranties as to the accuracy of the content. We assume no liability or responsibility for any errors or omissions in the information. Reference to any organization or agency does not constitute an endorsement or recommendation of that agency or organization.

To Begin: A Few Helpful Online Resources

www.mass.gov/eec

Mass. Department of Early Education and Care: Useful information and resources on child care providers, financial assistance options, grants (for individuals and organizations), professional development, special education, family support, regulations and policies.

www.mass.gov

The official website of the Commonwealth of Massachusetts.

www.mass211.org

With the support of social service organizations that provide health and human services throughout Massachusetts and in collaboration with Massachusetts Association of Information and Referral Specialists (MAIRS), the United Way introduces this statewide Information & Referral System.

By phone: Dial 2-1-1. If you are unable to reach 2-1-1 due to your telephone or cell phone carrier, a toll-free number is available: 1-877-211-MASS (6277).

www.massresources.org

Mass. Resources offers a free online resource for Massachusetts residents in need of housing, food, health care, and other basic services.

www.worcesterresources.org

Worcester Resources offers a free online resource for Massachusetts residents in need of housing, food, health care, and other basic services.

www.brainbuildinginprogress.org

State-wide information, resources, and a calendar of activities sponsored by programs funded by the Mass. Dept. of Early Education and Care to support optimal development in young children.

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Early Education and Care

Early Intervention

Children's Services

100 Erdman Way
Leominster MA 01453
978-537-3324
987-537-0956

Serves families with children birth to three years of age; developmental assessments, therapies, children's services.

Community Healthlink Lipton Center - Early Intervention

45 Summer Street
Leominster MA 01453
978-534-6116
800-977-5555

www.communityhealthlink.org

Early Intervention services for children ages birth - three years; individual, group and family counseling~ comprehensive mental health services.

Community Healthlink Lipton Center - Early Intervention

100 Erdman Way
Leominster MA 01453
www.communityhealthlink.org

Serves families with children birth to three years of age; developmental assessments, therapies, children's services.

Criterion Wachusett Early Intervention Program

31 Lake Street
Gardner MA 01440
978-632-4432
www.criterioncchild.com

Serves families in Ashburnham, Barre, Gardner, Hubbardston, New Braintree, Oakham, Princeton, Templeton, Westminster, and Winchendon with children birth to three years of age; developmental assessments, therapies, children's services.

Early Intervention & Family Support Programs UMASS

POBox 4193
Shrewsbury MA 01545
508-856-4202
jimmileprouty@umassmed.edu

Serves Holden & Paxton Families with children birth to three years of age; developmental assessments, therapies, children's services

Family TIES of Massachusetts

800-905-8437
508-792-7880
www.massfamilyties.org

Early intervention services; information on public benefits and programs, and resources for families of children with special needs and chronic illness.

Minuteman ARC for Human Services

1269 Main Street
Concord MA 01742
978-287-7900
www.minutemanarc.org

Programs include Early Intervention, after school/after work, recreation, camps and adult day services.

Head Start

Clinton Head Start Program

20 W. Boylston Street
Clinton MA 01510
978-368-8573
800-523-6373

MOC Child Care and Head Start Services

133 Prichard Street
Fitchburg MA 01420
978-343-0185
www.mocinc.org

Hosmer Head Start (Fitchburg): 978-345-8549
Prichard Street (Fitchburg): 978-343-0185
Family Education Center (Leominster): 978-534-7642
Coleman Street Center (Gardner): 978-630-2290
Mt. Wachusett C. C. (Gardner): 978-632-4664
Memorial School (Winchendon): 978-297-9832
CCD Center (Athol): 978-249-6735
Clinton Head Start (Clinton): 978-368-7121

Winchendon Head Start Program

32 Elmwood Road
Winchendon MA 01475
978-297-9832

Early Education and Care

Local Early Education & Care (EEC) Contacts

Ashburnham-Westminster Community Partnership for Children

Westminster Elementary School, 9 Academy Hill Road
Westminster MA 01473
978-874-7312
www.awrsd.org

Provides information and referrals to families. Assists families who need access to financial assistance.

Clinton Community Partnerships for Children

150 School Street
Clinton MA 01510
978-365-4218
www.clinton.k12.ma.us

Provides information and referrals to families; assists families who need access to financial assistance; coordinates professional development for early education and care providers, parenting programs, and numerous family enrichment events.

Leominster Project Apples, CFCE

500 Kennedy Way
Leominster MA 01453
978-534-3038

Programs & resources for families with young children; weekly playgroups - call for hours and locations.

MOC Community Partnership for Children/Fitchburg

110 South Street
Fitchburg MA 01420
978-345-8549 x 325 or 326
www.mocinc.org

Provides information and referrals to families. Assists families who need access to financial assistance.

MOC Community Partnership for Children/Quabbin

21 Allen Drive
Barre MA 01005
978-355-0266
www.mocinc.org

Provides information and referrals to families. Assists families who need access to financial assistance.

MOC Community Partnership Gardner

34 Pearly Lane
Gardner MA 01440
978-630-3354

Provides information and referrals to families. Assists families who need access to financial assistance.

MOC Early Literacy and CFCE

12 Elm Street
Baldwinville MA 01436
(978) 652-5531

Provides information and referrals to families. Assists families who need access to financial assistance.

Nashoba Community Partnerships for Children

50 Mechanic Street
Bolton MA 01740
978-799-0539 3012

Provides information and referrals to families; assists families who need access to financial assistance; coordinates professional development for early education and care providers, parenting programs, and family enrichment events.

Valuing Our Children Athol/Royalston

Patch Office: 423 Main Street
Athol MA 01331
(978) 249-8467

Provides information and referrals to families. Assists families who need access to financial assistance.

Family Center: 217 Walnut Street

Wachusett Coordinated Family & Community Engagement Program

216 Main Street
Spencer MA 01562
508-885-2934
www.mocinc.org

Provides information and referrals to families. Assists families who need access to financial assistance.

Winchendon Community Partnerships for Children

32 Elmwood Road., Suite A3
Winchendon MA 01475
978-297-3436

Provides information and referrals to families. Assists families who need access to financial assistance.

Early Education and Care

Parent/Child Programs

Clinton/Lancaster Parent Child Home Program

150 School Street, Room 207
Clinton MA 01510
978-365-4217
978-365-4218
www.clinton.k12.ma.us

Home based early literacy and parenting program for families with children ages 16 months to 4 years.

Fitchburg Parent Child Home Program

356 Broad Street
Fitchburg MA 01420
978-345-8549 323

Franklin Community Action Corporation

90 Federal Street
Greenfield MA 01301
413-475-1553
www.communityaction.us

The Franklin County Family Network brings parents together with early childhood educators and other community members to create opportunities for fun and stimulating activities with their children.

Leominster Parent Child Home Program

500 Kennedy Way
Leominster MA 01453
978-534-3838
978-537-3350

Home based early literacy and parenting program for families with children ages 16 months to 4 years.

Lunenburg Family , Community Engagement

1025 Mass Ave
Lunenburg MA 01462
978-582-4101 307
Located @ the TC Passios School

Provides collaborative, comprehensive, high quality family support services that are free of charge, welcoming and accessible to all Lunenburg families with young children (pre-natal through 4 years old). We sponsor weekly playgroups, parenting classes, family activities, and community forums.

North Quabbin Family Network, Valuing Our Children

217 Walnut St.
Athol MA 01331
978-249-8467
978-249-3702
www.vocathol.org

Family center offering comprehensive services to children and families.

North Worcester County Healthy Families

34 Pearly Ln
Gardner MA 01440
978-632-1230
www.ithappensathome.org

The Healthy Directions program at HealthAlliance Home Health & Hospice is the way to home-based support and education for new young parents in North Worcester County. First-time mothers and fathers who are 20 years old and under and residents of any of the 27 communities we serve, are eligible for Healthy Families Massachusetts (HFM) services.

Quabbin Parent Child Home Program

21 Allen Drive
Barre MA 01005
978-355-0266

Home based early literacy and parenting program for families with children ages 16 months to 4 years.

Early Education and Care

Play Groups

Bolton Play Group

Bolton MA 01740
pequita.loring@verizon.net

Fitchburg Community Partnership

356 Broad Street
Fitchburg MA 01420
978-345-8549 325
978-345-8549 326
MOC/Community Partnership
home base early literacy for children 16mos to 4yrs old

Gardner Community Play Group

35 Pearly Lane
Gardner MA 01440
978-630-3354

Little Learners Book Club

35 Pearly Lane
Gardner MA 01440
978-630-3354

Little Seedlings: Project Apples, CFCE

500 Kennedy Way
Leominster MA 01453
978-534-3838
978-537-3350

Playgroup for parents/caregivers and children birth through 5 yrs.
Offered once a week at a variety of locations. Please call the Project Apples office for more information.

Play School (Clinton Community Partnerships for Children)

150 School Street, Room 208
Clinton MA 01510
978-365-4218
www.clinton.k12.ma.us

Play School is a moderately structured early learning program for parents/guardians and children to experience together. Appropriate for families with children ages 0 - 6 years. Primarily for Clinton residents only.

Stow Area Parent Network

P. O Box 398
Stow MA 01775
www.sapn.org

The Moms Club of Lancaster & Sterling

Lancaster & Sterling MA 01523
www.momclub.org

Resources & Referrals

Child Care Connection

31 Harvard Street
Worcester MA 01609
508-757-1503
800-278-1503
www.cccfscm.org

Child care resource and referral services for selecting child care programs including family child care, child care centers, school age programs, nursery schools, summer camps, in-home care and child care for special needs children

Child Care Resources

1480 John Fitch Highway
Fitchburg MA 01420
978-343-7395
www.masschildcare.org
www.sevenhills.org

Child care resources and referral services for selecting child care programs including family child care, child care centers, school age programs, nursery schools, in-home care for special needs children, and assists families in obtaining subsidized child care. Also provides training and workshops to early education and care providers/teachers.

Child Care Resources

799 W. Boylston Street
Worcester MA 01606
800-952-9183
508-856-7930

Child care resource and referral services for selecting child care programs including family child care, child care centers, school age programs, nursery schools, in-home care and child care for special needs children

State

Mass. Department of Early Education & Care

51 Sleeper Street, 4th floor
Boston MA 02210
617-988-6600
www.mass.gov/eec

Provides the foundation that supports all children in their development as life long learners and contributing members of the community, and supports families in their essential work as parents and caregivers.

Worcester: 10 Austin St. (508-798-5181)
Gardner: 31 Lake St., Suite 180 (978-632-4432 x14)
Springfield: 95 Liberty St., Suite 1124 (413-788-8401)

Education/Training: Adults

Adult Education

ALFA (Adult Learning/Fitchburg Area)

Fitchburg State College, 160 Pearl Street
Fitchburg MA 01420
978-665-3706
www.fsc.edu/alfa

A lifelong learning institute offering non-credit daytime courses in fine arts, science, literature, music, history and other areas.

Cleghorn Neighborhood Center

2-18 Fairmount Street
Fitchburg MA 01420
978-342-2069

Free ESOL/GED/Citizenship classes ongoing throughout the year.

Clinton Adult Learning Center

150 School Street
Clinton MA 01510
978-365-4226
www.clinton.k12.ma.us

Adult ESOL, ABE, and GED classes.

Minuteman ARC for Human Services

1269 Main St.
Concord MA 01742
978-287-7900
www.minutemanarc.org

Programs include Early Intervention, after school/after work, recreation, camps and adult day services.

Mount Wachusett Community College Devens Learning Center

1 Jackson Place, Room 205
Devens MA 01432
978-840-3221 x 206
978-630-9527

English as a second language; beginning or intermediate classes focusing on conversational skills, survival skills, reading and writing; GED preparation; General Education Development leading to high school equivalency diploma.

Career Training

Career Center of North Central Massachusetts

25 Main Street
Gardner MA 01440
978-632-5050
508-792-7571
www.ccncm.com

Whether you recently lost your job, left your job, or are just looking for a better position, the North Central Career Center is here to help you conduct an effective job search.

Career Center of North Central Massachusetts

100 Erdman Way
Leominster MA 01453
978-543-1481
www.ccncm.com

Our mission is to be the primary link between the Commonwealth's employers and the workforce of North Central Massachusetts. We strive to strengthen this relationship by providing a pool of skilled workers for industry while offering a streamlined process for training and retraining for overall job enrichment.

Franklin County Community Development Corporation

324 Wells Street
Greenfield MA 01301
413-774-7204
www.fccdc.org

The Franklin County Community Development Corporation (FCCDC) is an economic development non profit organization providing comprehensive business development education, access to capital, commercial office and manufacturing space plus home of the Western Massachusetts Food Processing Center.

Franklin/Hampshire Career Center

One Arch Place
Greenfield MA 01301
413-784-1765
www.fhcc-onestop.com/

The Franklin Hampshire Career Center supports and promotes workforce and economic development in the region through the delivery of quality employment, training and education services that are responsive to and meet the needs of job seekers and employers.

North Quabbin School to Careers Partnership

512 Main Street,
Athol MA 01331
978-249-0005

School-To-Career is based on the premise that education works best when students can connect their academics to the world of work, their future careers and their daily lives. It encourages high academic achievement, provides high skill development and promotes life-long learning.

Education/Training: Adults

Workforce Central Career Center

44 Front Street , 6th Floor
Worcester MA 01608
508-799-1600
www.workforcecentralma.org

Our mission is to be the leading public resource in Southern Worcester County for workforce development services and information for all individuals seeking jobs, training and education, as well as for employers seeking skilled workers and workforce development information.

Colleges/Universities

Anna Maria College

50 Sunset Lane
Paxton MA 01612
508-849-3300
www.annamaria.edu

Four year private,Catholic, liberal arts college.

Fitchburg State University

160 Pearl Street
Fitchburg MA 01420
978-345-2151
www.fsc.edu

A public institution providing liberal arts, teacher education and professional majors. Both graduate and undergraduate programs are offered.

Mount Wachusett Community College

444 Green Street
Gardner MA 01440
978-632-6600
www.mwcc.edu

MWCC offers several degree and certificate programs. Day and evening classes are available. Also offers noncredit courses, Adult Basic Education, GED preparation, and free workshops on job searching skills.

Devens Campus: 27 Jackson Road (978-630-9569)

Leominster Campus: 100 Erdman Way (978-840-3221) - also offers ABE at this site.

N. Quabbin Comm Action Corp

1645 Main Street
Orange MA 01364
978-544-5423
www.auc.edu

Christian professional college in the Seventh Day Adventist tradition.

Continuing Education

Assabet After Dark

215 Fitchburg Street
Marlborough MA 01752
508-263-9651
800-537-6663 1474
www.assabetafterdark.com

Provides more than 220 courses covering everything from using computers to making your own sushi.

Montachusett Regional Vocational Technical Continuing Education

1050 Westminster Street
Fitchburg MA 01420
978-345-9200 x 5220
www.montytechnites.com/

Offers two semesters of evening classes at the vocational technical school. Classes include computer science, languages, medical, business, culinary arts, health and recreation, electrician and

Education: Private Schools

Private School

Applewild

120 Prospect Street
Fitchburg MA 01420
978-342-6053
www.Applewild.org

Private school for children ages 5 - 15 years.

Browning Elementary / South Lancaster Academy

PO Box 1129
South Lancaster MA 01561
978-368-8544
www.sla-browning.org

PreK - 12 Christian school.

Cottage Hill Academy

83 Hospital Road
Baldwinville MA 01436
978-652-1100
www.youinc.org

A staff secured residential program for girls ages 12 - 20.

Cushing Academy

39 School PO Box 8000
Ashburnham MA 01430
978-827-7000
www.cushing.org

Private coeducational secondary school for grades 9 - 12.

New River Academy

123 Old Common Road
Lancaster MA 01523
781-246-4207

Nonsectarian, alternative, all male private school for grades 9-11.

Notre Dame Preparatory School

171 South Street
Fitchburg MA 01420
978-343-7635

Private, coeducational Roman Catholic high school.

Our Lady of Holy Rosary Elementary School

99 Nichols Street
Gardner MA 01440
978-632-8656
www.holyrosarynet.com/school.htm

Private PreK - grade 8 school.

Sacred Heart of Jesus Elementary School

53 Lynde Street
Gardner MA 01440
978-632-0950
www.sacredheartgardner.org

Private K - 8 school.

St. Anna's School

213 Lancaster Street
Leominster MA 01453
978-534-4770
www.stannaschool.com

Private K - 8 school.

St. Anthony's Elementary School

123 Salem Street
Fitchburg MA 01420
978-345-7785
www.stanthonyschool.net/

Private parochial PreK - 8 school.

St. Bernard's Central Catholic High School

45 Harvard Street
Fitchburg MA 01420
978-342-3212
www.stb.echalk.com

Parochial high school.

St. Bernard's Elementary School

254 Summer Street
Fitchburg MA 01420
978-342-1948
www.stbernardselementary.org

PreK - grade 8 parochial school.

St. Leo's School

118 Main Street
Leominster MA 01453
978-537-1007
www.stleosparish.org/school.htm

Private, parochial PreK-12 school.

The Village School

On The Common
Royalston MA 01368
978-575-1286
www.villageschool.to

An independent, nature-based school for grades PreK - 6.

Education: Private Schools

Trivium School

PO Box 597

South Lancaster MA 01561

978-365-4795

www.triviumschool.com

Co-educational Catholic day school grades seven through twelve.

Wachusett Hills Christian School

100 Colony Road

Westminster MA 01473

978-874-6432

www.whchristianschool.org

Private Christian elementary school.

Winchendon School

172 Ash Street

Winchendon MA 01475

978-297-1223

www.winchendon.org

Coeducational secondary college preparatory school.

Education: Public Schools

Districts & Charter Schools

Ashburnham-Westminster Regional School District

11 Oakmont Drive
Ashburnham MA 01430
978-827-1434
www.awrsd.org

Special Education Department: 978-827-3062
J.R. Briggs Elementary School: 978-827-5750
Meetinghouse Elementary School: 978-874-0163
Westminster Elementary School: 978-874-2043
Overlook Middle School: 978-827-1425
Oakmont Regional High School: 978-827-5907
Learning Tree Integrated Preschool: 978-731-9916

Athol Royalston Public School District

PO Box 9681062 Pleasant Street
Athol MA 01331
978-249-2400
www.arrsd.org

Royalston Community School: 978-249-2900
Sanders Street School: 978-249-2410
Riverbend School: 978-249-2415
Pleasant Street School: 978-249-2405
Athol-Royalston Middle School: 978-249-2430
Athol High School: 978-249-2435
Special Education: 978-249-2403

Ayer Shirley Regional Public Schools

141 Washington St.
Ayer MA 01432
978-772-8600
www.asrsd.org

PreK - Grade 12 Regional Public School District
Lura A. White Elementary School: 978-425-2630
Shirley Middle School: 978-425-2630

Clinton Public Schools

150 School Street
Clinton MA 01510
978-365-4200
www.clinton.k12.ma.us

Clinton Elementary School: 978-365-4230
Clinton Middle School: 978-365-4220
Clinton High School: 978-365-4208
Special Needs Dept.: 978-365-4238

Fitchburg Public Schools

376 South Street
Fitchburg MA 01420
978-345-3200
www.fitchburg.k12.ma.us

Fitchburg High School: 978-345-3240
Memorial Middle School: 978-345-3495
Longso Middle School: 978-343-2146
Crocker Elementary School: 978-345-3290
McKay Campus School: 978-665-3187
Fitchburg Arts Academy: 978-665-3662
Reingold Elementary School: 978-345-3287
South Street School: 978-348-2300
Fitchburg Evening Alternative Education 978-345-3244
Special Education: 978-345-3211

Francis W. Parker Charter Essential School

49 Antietam Street
Devens MA 01434
978-772-3293
www.parker.org

A public charter school for grades 7-12, open to Massachusetts residents.

Gardner Public Schools

70 Waterford Street
Gardner MA 01440
978-632-1000
www.gardnerk12.org

Gardner High School: 978-632-1600
Gardner Middle School: 978-632-1603
Elm Street School: 978-632-1673
Helen Mae Sauter Elementary: 978-632-5480
Waterford Street School: 978-632-1605
Special Education Office: 978-630-4076

Leominster Public Schools

24 Church Street
Leominster MA 01453
978-534-7700
www.leominster.mec.edu

Fall Brook School: 978-534-7745
Bennett School: 978-534-7704
Priest Street School : 978-534-7761
Johnny Appleseed: 978-534-7765
Northwest School : 978-534-7756
Southeast School: 978-534-7751
Samoset School: 978-534-7725
Sky View Middle School: 978-534-7780
Leominster Senior High School: 978-534-7715
Leominster Ctr Tech Educ: 978-534-7735
Special Education Office: 978-534-7700

Education: Public Schools

Narragansett Regional Public Schools

462 Baldwinville Road
Baldwinville MA 01436
978-939-5661
www.nrsd.org

Baldwinville Elementary: 978-939-5318
Phillipston Memorial School: 978-249-4969
East Templeton School: 978-632-0557
Narragansett Middle School: 978-939-5928
Narragansett Regional High School: 978-939-5388
Templeton Center School: 978-939-8892

Nashoba Regional Schools

50 Mechanic Street
Bolton MA 01740
978-779-0539 3002
www.nrsd.net

Pompositticut School: 978-897-5774
Mary Rowlandson Elementary: 978-368-8482
Center School: 978-897-0290
Florence Sawyer School: 978-779-2821
Luther Burbank Middle School: 978-365-4558
Hale Middle School: 978-897-4788
Nashoba Regional High School: 978-779-2257
Special Education Office: 978-779-0539
Extended Day Program: 978-779-9875

Quabbin Public School District

872 South Street
Barre MA 01005
978-355-4668
www.qrsd.org

Quabbin Regional High School: 978-355-4651
Quabbin Regional Middle School: 978-355-5042
Harwick Elementary school: 413-477-6351
Hubbardston Center School: 978-928-4487
Ruggles Lane School: 978-355-2934
Oakham Center School: 978-882-3392
Special Needs: 978-355-4668

Sizer School, a North Central Charter Essential School

500 Rindge Road
Fitchburg MA 01420
978-345-2701
www.ncces.org

A public charter school for grades 7-12, open to Massachusetts residents.

Wachusett Regional School District

1745 Main Street
Jefferson MA 01522
508-829-1670
www.wrsd.net

Central Tree Middle School (Rutland) 508-886-0073
Chocksett Middle School (Sterling) 978-422-6552
Davis Hill Elementary (Holden) 508-829-1754
Dawson Elementary (Holden) 508-829-6828
Glenwood Elementary (Rutland) 508-886-0399
Houghton Elementary (Sterling) 978-422-2333
Mayo Elementary (Holden) 508-829-3203
Mountview Middle (Holden) 508-829-5577
Naquag Elementary (Rutland) 508-886-2901
Paxton Center School (Paxton) 508-798-8576
Thomas Prince School (Princeton) 978-464-2110
Wachusett Regional High School (Holden) 508-829-6771

Winchendon Public Schools

175 Grove Street
Winchendon MA 01475
978-297-0031
www.winchendonk12.org

Winchendon Preschool Program: 978-297-3436
Memorial School: 978-297-1305
Toy Town Elementary: 978-297-2005
Murdock Middle/High School: 978-297-1256
Special Education: 978-297-1850

Vocational

Assabet Valley Regional Technical High School

215 Fitchburg Street
Marlborough MA 01752
508-485-9430
www.assabettech.com/

Public vocational/technical high school for grades 9 - 12.

Baypath Regional Vocational School

57 Old Muggett Hill Road
Charlton MA 01507
508-248-5971
www.baypath.tec.ma.us

Vocational Technical High School Grades 9-12

Montachusett Regional Vocational Technical School

1050 Westminster Street
Fitchburg MA 01420
978-345-9200
www.montytech.net

A four year vocational-technical high school serving north central MA.

Education: Special Education Programs

Special Needs

Caldwell Alternative School

44 Wanoosnoc Road
Fitchburg MA 01420
978-345-5250
www.fillac.org

Local collaborative school serving special education students.

Caldwell Elementary School

1025 Massachusetts Ave.
Lunenburg MA 01462
978-582-4206
www.fillac.org

Public/private day program serving students with significant emotional and behavioral concerns in grades K-6.

CAPS Alternative Jr. Sr. High

53 School Street
Gardner MA 01440
978-632-2208
www.capsped.org

Local collaborative school serving special education students.

CAPS Deaf/Hard of Hearing Program (DHHP)

Westminster Elementary School
Westminster MA 01473
978-424-8013
www.capsped.org

Local collaborative school (PreK - High School). Classes are available for students with moderate to profound hearing loss. Services range from self-contained classrooms using total communication and A.S.L. to partial or full inclusion with interpreters. Fitchburg Site: Memorial Middle School

CAPS Educational Collaborative

53 School Street
Gardner MA 01440
978-632-2208
www.capsped.org

Local collaborative school serving special education students.

CAPS Gateway

53 School Street
Gardner MA 01440
978-632-2208
www.capsped.org

Local collaborative school serving special education students.

CAPS Horizons I

9 Academy Hill
Westminster MA 01473
978-503-4026
www.capsped.org

Local collaborative elementary school for children having moderate to severe developmental disabilities, substantial communication disorders, and/or pervasive developmental disorders with needs in areas of communication, attention, behavior, and academic learning.

CAPS Horizons II

Ralph C. Mahar Regional School
507 South Main St.
Orange MA 01364
978-544-2542
www.capsped.org

Local collaborative school serving special education students.

CAPS Odyssey

53 School Street
Gardner MA 01440
978-630-3253
www.capsped.org

Local collaborative school. Adolescent day treatment program that integrates educational and therapeutic services for teens with severe mental health issues.

CAPS Rainbow

53 School Street
Gardner MA 01440
978-632-2208
www.capsped.org

Local collaborative preschool, elementary, and secondary education for students (ages 3 - 22 years) with significant multiple disabilities.

CAPS Sr. Pathways

Gardner High School
Gardner MA 01440
978-633-7226
www.capsped.org

Program for students ages 15 - 22 years with moderate to severe disabilities.

Devereux School

60 Miles Road
Rutland MA 01543
508-886-4746
www.devereux.org

Private, not-for-profit school serving children and adolescents with special emotional and behavioral needs.

Education: Special Education Programs

Dr. Franklin Perkins School

971 Main Street
Lancaster MA 01523
978-365-7376
www.perkinschool.org

Serves children and adolescents with a range of psychiatric, social, emotional, and executive functioning issues.

Eagle Hill School

PO Box 116, 242 Old Petersham Rd.
Hardwick MA 01037
413-477-6000
www.ehs1.org

Private, co-educational college preparatory boarding school for students with learning disabilities in grades 8-12.

Ellen Bigelow School

129 Allen Street
Athol MA 01331
978-249-2403

Special education school that serves 29 students in grades 1-12.

FLLAC Collaborative

2 Shaker Road, Suite B210
Shirley MA 01464
978-425-0310
www.fllac.org

Local collaborative serving 10 school districts in N. Central Mass. by providing high quality, cost effective, educationally related programs and services.

Lipton Academy School

100 Erdman Way
Leominster MA 01453
978-537-3324
www.CommunityHealthlink.org

Special education school for grades 8 -12.

RFK Lancaster School

220 Old Common Road
Lancaster MA 01523
978-365-2803
www.rfkchildren.org

Special education program of males in grades 5 - 12.

Stetson School

445 South Street
Barre MA 01005
978-355-4541
www.stetsonschool.org

Residential treatment center for males age 9-21 with sexual behavior problems.

Emergency Support

General

American Red Cross

114 Merriam Avenue
Leominster MA 01453
800-207-4444

Provides a variety of emergency services following natural disasters.

American Red Cross

2000 Century Pr.
Worcester MA 21606
508-595-3700
www.redcross.org

Care Service Project

326 Nicholas Rd, Suite 11
Fitchburg MA 01420
978-345-4366

Programs for people & families with HIV/AIDS

Catholic Charities

196 Mechanic Street
Leominster MA 01453
978-840-0696

Food Distribution: Monday - Friday, 8AM to 5 PM

Catholic Charities, Refugee Resettlement Program

10 Hammond Street
Worcester MA
508-798-0191

Christ Episcopal Church

499 Vernon Avenue
South Barre MA 01704
978-355-4061

Food Distribution: 2nd Wed. of each month

Community Services of SDA

129 Bolton Road
Lancaster MA 01561
978-365-7152

Food Distribution: Tuesdays, 9 AM to 12 PM

Distrigas Application

866-427-9918
www.massresources.org

For those who heat with natural gas and need emergency assistance.

Gardner Community Action Committee

294 Pleasant Street, 3rd Floor
Gardner MA 01440
978-632-8700

Food Distribution Mon - Fri, 9 AM to 12 PM. Tuesdays, 1 to 4 PM

GVNA Community Services

35 Main Street
Fitchburg MA 01420
978-664-9078

Food Distribution: Weds. 2-4 PM
HIV counseling and testing.

Jewish Family Services of Metrowest

475 Franklin Street, Suite 101
Framingham MA 01702
508-875-3100

Lutheran Social Services of New England

50 Union Street
Worcester MA 01609
www.lssne.org

Refugee and immigrant services are available.

Mass. Department of Transitional Assistance

143 Munson Street, Unit 3
Greenfield MA 01301
413-772-3400
www.ma.gov

The mission of the Department of Transitional Assistance is to assist low-income individuals and families to meet their basic needs, increase their incomes, and improve their quality of life.

Fitchburg: 473 Main Street, 978-665-8700
Worcester: 9 Walnut Street, 508-767-3100

Massachusetts Alliance of Portuguese Speakers

340 Main Street, Suite 23
Framingham MA 01702
www.maps-inc.org

Provides assistance to Portuguese speaking individuals and families.

Refugee and Immigrant Assistance Center

340 Main Street, Suite 965
Worcester MA 01608
508-756-7557

Support service for recent immigrants in Central MA.

Emergency Support

Salvation Army Corps & Community Centers

107 Ridge Street
Athol MA 01331
978-249-8111

Fitchburg: 739 Water Street (978-345-4155)

St Vincent De Paul Society - Sacred Heart Church

166 Cross Street
Gardner MA 01440
978-632-0237

Food Distribution: Weekdays 10 AM 5 PM. Call for an appointment

Urban Missionaries of Our Lady of Hope

27 Chandler Street
Worcester MA 01604
508-831-7455
www.urbanmissionaries.com

Catholic social action ministry of the Diocese of Worcester.

WHEAT/United Way Community Services

500 Main Street, Ste. 203
Clinton MA 01510
978-365-6349 4942
www.uwotc.org/WHEAT

Serves low-to-moderate income residents of Berlin, Bolton, Clinton, Lancaster, and Sterling by providing critical services during their time of need.

Winchendon Community Action Council

273 Central Street
Winchendon MA 01475
978-297-1667

Distribution: Monday through Friday, 11:30 AM to 2:30 PM

Housing/Shelters

Department of Housing and Community Development

Worcester MA 01610
508-767-3100

Emergency housing assistance for eligible families.

Friendly House Shelter

87 Elm Street
Worcester MA 01609
508-792-1799

Short term shelter for homeless families with children. Open 24/7

Horizons for Homeless Children

17 Orchard Street
Leominster MA 01453
508-755-2615
www.horizonsforhomelesschildren.org

Provides nurturing, stimulating opportunities for early education and play and connects parents with the tools and resources needed to end the cycle of homelessness and achieve self-sufficiency

Lutheran Community Services of Southern New England, Inc.

20 Hamilton St.
Worcester MA 01604
508-791-4488

Complete services for birth parents and adoptive families including home study, counseling, legal assistance, placement and post-placement services, foster care & refugee placement

Massachusetts Department of Children & Families

340 Main Street
Worcester MA 01608
508-929-2000

Adoption services for children who are wards of the state. Home studies.

Montachusett Interfaith Hospitality Network

923 Main Street
Fitchburg MA 01420
978-342-9501
www.mihnetwork.com

We provide families with children a temporary place to call home. Volunteers prepare meals, provide supervision, and lend a supportive hand to families.

People In Peril Shelter

701 Main Street
Worcester MA 01610
508-757-8332

Co-ed shelter and soup kitchen

Emergency Support

Utilities

Energy & Environmental Services MOC

66 Day Street
Fitchburg MA 01420
978-342-7025

Fuel Assistance/Low Income Heating Assistance

473 Main Street, 3rd Floor
Fitchburg MA 01420

Provides eligible households help with winter heating bills

Good Neighbor Energy Fund

800-334-3047

Provides energy assistance to hundreds of thousands of residents in temporary crisis who are struggling to pay their energy bills.

New England Farm Workers Council (NEFWC)

473 Main St., 3rd floor
Fitchburg MA 01420
978-342-4520

www.partnersforcommunity.org

Assists migrant and seasonal workers and their families.

North Quabbin Energy

100 Main Street
Athol MA 01331
www.northquabbinenergy.org

North Quabbin Energy is an informal group of people in north-central Massachusetts who are seek to educate ourselves and our neighbors about the true social and environmental costs of our current energy consumption patterns. We also work to find ways of changing our individual and collective habits of energy use through conservation, use of renewable fuels, and support for local and regional enterprises that reduce our dependence on imported resources.

Violence/Abuse

Battered Women's Resources, Inc.

PO Box 2503
Fitchburg MA 01420
508-630-1031
508-368-1311

Support for women and their children involved in domestic violence situations

Battered Women's Resources, Inc.

Leominster MA 01453
978-537-2306
978-537-8601

Domestic violence education, awareness, support groups, counseling, shelter, court advocacy/outreach.

Battered Women's Shelter & Support

Clinton MA 01510
978-368-0720

Support for women and their children involved in domestic violence situations

Battered Women's Shelter & Support

Gardner MA
978-632-4424

Support for women and their children involved in domestic violence situations

Battered Women's Shelter & Support

Winchendon MA 01475
978-297-3049

Support for women and their children involved in domestic violence situations

Battered Women's Shelters and Services

508-755-9030
24 HOUR Crisis Line

Childhelp USA National Child Abuse Hotline

800-4AC-HILD

The Child Abuse Hotline provides crises counseling and referral to any caller in a n abuse-related situation.

Community Healthlink/Worcester Youth & Family Services

275 Belmont Street
Worcester MA 01604-1693
508-791-3261

Emergency Support

Daybreak Resources for Women and Children, Inc

945 Main Street, PO Box 925
Worcester MA 01610
508-755-9030
508-755-5371
HOTLINE all hours: 508-755-9030

Domestic Violence Ended (Dove) Youth Hotline

617-471-1234
888-314-3683
www.doveinc.prg

DOVE'S Hotline is for individuals & families to talk about domestic violence issues and receive support and referral.

Domestic Violence Shelter & Support Hot Line

800-899-4000

Enough Abuse/Mass. Citizens for Children (MassKids)

14 Beacon Street, Suite 706
Boston MA 02108
(617) 742-8555
www.masskids.org

MassKids currently works to prevent child abuse through the work of the Shaken Baby Syndrome Prevention Center and the soon to be launched "Choose Your Partner Carefully" project. It leads the Enough Abuse Campaign - a multi-state initiative working to educate and mobilize parents, professionals and communities to prevent child sexual abuse.

Mass. Department of Children and Families (DCF)

690 Mechanic St.
Leominster MA 01453
978-466-1500
800-479-6111

24 HOUR HOTLINE:800-922-8169 Twenty four hour hotline to report cases of suspected child abuse or neglect. DSS investigates all reports. Services include adoption, foster care and protective services.

Mass. Society for the Prevention of Cruelty to Children (MSPCC)

76 Summer Street
Fitchburg MA 01420
800-442-3035
www.mspcc.org

Community and family life, education/training; also provides information and education to professionals, parents and the general public aimed at improving knowledge and skills in child abuse prevention, detection, intervention, and positive parenting.

Mass. Society for the Prevention of Cruelty to Children (MSPCC)

335 Chandler Street
Worcester MA 01602
508-753-2967
800-442-3035

Mental health counseling, home-based family counseling, sexual abuse counseling for children, adults and families. Child abuse prevention programs, adult survivor groups. HELPNET: after hours emergency telephone support services.

National Domestic Violence Hot Line

800-799-7233
800-799-SAFE

Parent & Children's Services/ Parental Stress Line

800-632-8188
800-882-1250

A statewide network of support groups for parents who want to improve their relationships with their children. Weekly meetings are free, confidential, ongoing & open to parents/other caregivers who feel isolated, overwhelmed or afraid of their anger towards their children, Groups meet locally. Call for days & times.

Rape Crisis Center

285 Nichols Rd
Fitchburg MA 01402
978-343-5683
508-852-7600

Counseling services;
24 hour crisis intervention hotline (Spanish & English): 800-870-5905
STATEWIDE HOTLINE 800-223-5001 (24 hrs.)

Rape Crisis Center, Central MA

588 Main Street
Worcester MA 01608-2014
800-870-5905

A site is also available in Fitchburg, MA. Call office number for details.

YOU, Inc.

81 Plantation Street
Worcester MA 01604
508-849-5600
978-632-2321
www.youinc.org

Full range of therapy and assessment services to children and families for family violence, sexual abuse, incest and other issues

Enrichment/Recreation

Adults

Adult Mixed Softball Association

PO Box 1027
Leominster MA 01453
978-840-6419
www.eteamz.com/lamsasoftball
Contact Phil Davis. Meets at Fournier Park, 525 Litchfield Street, Leominster.

Central MA Basketball

www.abbasketball.com
Contact Scott Davidson.

North Central Basketbal

Contact Mike Davidson: Miked0109@verizon.net

Semi Pro Baseball

978-342-3458
Contact Phil Manooshian.

Camps

Camp Harrington

320 Sewall ST
Boylston MA 01505
508-869-0586
508-869-6171
slockney@ymcaofcm.org
Inclusive day camp for children ages 5-14 yrs.

Camp Kidoodles

659 Shrewsbury Street
Holden MA 01520
508-595-9977
PreK - 12 yrs

Camp Putnam

141 Rutherford Rd.
New Braintree MA 01531
508-867-6895
Residential sliding scale 6-12 yrs.

Camp Sabra PreK

633 Salisbury Street
Worcester MA 01606
508-756-7109

Cricket Corner Camp/Orchard Hills Athletic Club

100 Duval Road
Lancaster MA 01523
978-537-8387 x 137
www.orchardhillsathleticclub.com
Day camp for children ages 5-14 yrs.

Davis Farmland/Junior Farmer Day Camps

Redstone Hill Road
Sterling MA 01564
978-422-6666
www.davisfarmland.com
Camp for children ages 4-8 yrs.

Mass Audubon Sanctuary Camps

Massasoit Road
Worcester MA
508-753-6087
978-422-7655
www.massaudubon.org
Day camp for children ages 5-14 yrs.

Enrichment/Recreation

Historical

Ashburnham Historical Society

P.O. Box 692, 70 Main Street
Ashburnham MA 01430
978-827-4005
867-827-6639
ahs@ashburnhams.org

Barre Historical Society

P.O. Box 755, 18 Common Street
Barre MA 01005
978-355-4978
www.barrelibrary.org/Pages/hsociety.html

Bolton Historical Society

676 Main St.
Bolton MA 01740
978-779-6392
www.boltonhistoricalsociety.org

Clinton Historical Society

210 Church Street
Clinton MA 01510
978-368-0084
www.clintonhistorical.org
Open Saturdays, 9 am - 12 noon

Fitchburg Historical Society

781 Main Street
Fitchburg MA 01420
978-345-1157
www.fitchburghistory.fsc.edu

Lancaster Historical Commission

Lancaster Town Hall (695 Main St.)
Lancaster MA 01523
978-368-1162

Leominster Historical Society

17 School Street
Leominster MA 01453
978-537-5424
www.leominsterhistorical.org

Provides exhibits and programs commemorating the history of Leominster including many items depicting the history of the plastics industry which flourished in Leominster for many years.

Stow Historical Commission

Stow Town Hall (375 Great Rd.)
Stow MA 01775
978-897-4514
978-897-2540
info@stowhistoricalsociety.org
P.O. BOX 40

Westminster Historical Commission

Town Hall, South Street
Westminster MA 01473
978-874-7406

A town board responsible for ensuring that preservation concerns are considered in town planning and development decisions.

Westminster Historical Society

P.O. Box 177, 110 Main Street
Westminster MA 01473
978-874-5569
www.WestminsterHistory.org

A non-profit, membership based organization that collects, preserves, interprets and makes accessible the history of Westminster. Offers monthly programs, a gift shop and collection of artifacts.

Winchendon Historical Society

151 Front Street
Winchendon MA 01475
978-297-2142
www.winchendonhistoricalsociety.org

Enrichment/Recreation

Libraries/Literacy Services

Audio Journal

799 West Boylston Street
Worcester MA 01606
508-797-1117
www.audiojournal.net

This non-profit agency offers daily newspaper reading for those who are blind or unable to hold printed material and special receivers at no charge.

Beals Memorial Library

50 Pleasant Street
Winchendon MA 01475
978-297-0300
www.winchendonlibrary.org

Public library offering reading materials as well as children's story hours, museum passes and discount coupons for area attractions, internet access and interlibrary loans.

Bigelow Free Public Library

54 Walnut Street
Clinton MA 01510
978-365-4160
www.bigelowlibrary.org

Providing a public library which is part of a larger network of Massachusetts community libraries. Provides many literacy events throughout the year.

Fitchburg Public Library

610 Main Street
Fitchburg MA 01420
978-345-9635
www.fitchburgpubliclibrary.org

Public library offering reading materials as well as children's story hours, book clubs, internet access and interlibrary loans.

Forbush Memorial Library

118 Main Street, P.O. Box 468
Westminster MA 01473
978-874-7416
www.forbushlibrary.org

Public library offering reading materials as well as children's story hours, book clubs, internet access and interlibrary loans.

Leominster Public Library

30 West Street
Leominster MA 01453
978-534-7522

Providing a public library which is part of a larger network of Massachusetts community libraries. Provides many literacy events throughout the year.

Levi Heywood Memorial Library

55 West Lynde Street
Gardner MA 01440
978-632-5298
www.gardner-ma.gov/pages/gardnerMA_library

Public library offering reading materials as well as children's story hours, book clubs, internet access and interlibrary loans.

Literacy Volunteers of Massachusetts

8 Market Street
Boston MA 02108
888-466-1313
617-367-1313
www.lvm.org

LVM trains volunteers to provide free, confidential and individualized tutoring to adults in basic literacy and in English to speakers of other languages. Services are available throughout the Commonwealth.

Massachusetts Adult Literacy Hotline

800-447-8844
www.sabes.org/hotline

Provides referrals to over 300 adult education programs that offer tutoring, small group or classroom instruction to adult learners. Also offers information on GED preparation and testing sites.

Stevens Memorial Library

20 Memorial Drive
Ashburnham MA 01430
978-827-4115
www.ashburnhamlibrary.org

Public library offering reading materials as well as children's story hours, book clubs, internet access and interlibrary loans.

Thayer Memorial Library

717 Main Street
Lancaster MA 01523
978-368-8928
www.thayermemoriallibrary.org

Enrichment/Recreation

Museums

Currier Museum of Art

201 Myrtle Way
Manchester NH 03104
603-669-6144
www.currier.org

A small museum with permanent and changing exhibitions that includes a house designed by famed architect Frank Lloyd Wright.

DeCordova Museum and Sculpture Park

51 Sandy Pond Road
Lincoln MA 01773
781-259-8355
www.decordova.org

Contemporary art exhibit and outdoor sculpture park.

Discovery Museums of Acton

177 Main Street, Route 27
Acton MA 01720
978-264-4200
www.discoverymuseums.org

Two complementary museums filled with hands-on activities for children.

Eco Tarium

222 Harrington Way
Worcester MA 01604
508-929-2700
www.ecotarium.org

Indoor-outdoor museum of science and nature. Includes a planetarium wildlife, nature trails, tree top tour, railroad, and hands-on family friendly exhibits.

Eric Carle Museum of Picture Book Art

125 West Bay Road
Amherst MA 01002
413-658-1100
www.picturebookart.org

A museum celebrating picture book art from around the world, including art by Eric Carle, author of "The Very Hungry Caterpillar"

Fitchburg Art Museum

25 Merriam Pkway
Fitchburg MA 01420
978-345-4207
www.fitchburgartmuseum.org

A family friendly museum with 12 galleries of paintings, prints, sculptures as well as Egyptian, Greek, Roman and Asian antiquities. Also offers changing exhibits, tours, lectures, and classes for adults and children.

Frederick Historical Piano Collection

30 Main Street
Ashburnham MA 01430
978-827-6232
www.frederickcollection.org

A collection of 20 original pianos from 1790-1907 in playing condition. Tours and concerts are offered.

Fruitlands Museum

102 Prospect Hill Road
Harvard MA 01451
978-456-3924
www.fruitlands.org

The historic home of the Alcott family is now a scenic museum with art galleries and native American artifacts. Hiking trails, summer concerts, and a restaurant, are also offered.

Gallery of African Art

62 High Street
Clinton MA 01510
978-368-0227
www.galleryofafricanart.org

The Gallery of African Art serves as both a traditional exhibit of art and an interactive educational center.

Museum of Russian Icons

203 Union Street
Clinton MA 01510
978-598-5000
www.museumofrussianicons.org

A collection of 370 Russian icons spanning 6 centuries.

The Gardner Museum

28 Pearl Street
Gardner MA 01440
978-632-3277
www.thegardnermuseum.com

Offers exhibits of furniture manufacturing, silver smithing, and other collections relevant to local history.

Top Fun Aviation Toy Museum

21 Prichard Street
Fitchburg MA 01420
978-342-2809
www.topfunaviation.com

Toy museum devoted to aviation-related toys.

Enrichment/Recreation

Wallace Civic Center

John Fitch Highway
Fitchburg MA 01420
978-345-7593
www.wallaceciviccenter.com

An educational and recreational institution with two ice rinks and a planetarium.

Worcester Art Museum

55 Salisbury Street
Worcester MA 01606
508-799-4406
www.worcesterart.org

Considered to be one of the best small museums in the country; offers a variety of paintings, mosaics, classes, and more.

Parks & Recreation Departments

Bolton Parks and Recreation

663 Main Street
Bolton MA 01740
www.townofbolton.com

Clinton Parks and Recreation

560 High Street
Clinton MA 01510
978-365-4140
www.clintonrec.com

Clinton Parks and Recreation Department

560 High Street
Clinton MA 01510
978-365-4140
www.clintonrec.com

Fitchburg Recreation Department

City Hall
Fitchburg MA 01420
978-345-4572
www.FitchburgRecreation.org

The City of Fitchburg maintains many parks and playgrounds throughout the city.

Fitchburg Recreation Department

301 Broad Street, 2nd floor
Fitchburg MA 01420
(978) 829-1815
www.ci.fitchburg.ma.us/government/departments

Leominster Recreation Department

40 Barrett Parkway
Leominster MA 01453
978-534-7529

Sterling Recreation Department

31 Main Street
Sterling MA 01564
(978) 422-3041
(978) 422-0289
www.sterling-ma.gov

Enrichment/Recreation

Parks/Farms

Anascomet Beach

Route 68
Hubbardston MA 01452
978-632-7897

127 acre pond with boat ramp and beach offers fishing and swimming. Passes are required for beach use.

Ashburnham Conservation Trust

P.O. Box 354
Ashburnham MA 01430
978-827-6427
www.Ashburnhamconservationtrust.org

ACT's mission is to protect the natural landscape, ecological diversity and rural heritage of the area by conserving open space, as well as providing education.

Barre Falls Dam

P.O. Box 519
Hubbardston MA 01452
978-928-4712
www.nae.usace.army.mil

Public area offering canoeing, bike riding, picnicking, hunting, fishing, hiking, cross county skiing, and wildlife observation

Bolton Conservation Trust

P O BOX 14
Bolton MA 01740
978-429-3004
info@boltonconversationtrust.org

Offers many family programs to connect with Bolton's natural world including nature walks, workshops, and the Tom Denney Nature Camp.

Coggs Hall Park

off Electric Avenue
Fitchburg MA 01420

A recreation area featuring a playground, softball field, walking trails and lake with swans and ducks.

Coolidge Park

John Fitch Highway
Fitchburg MA 01420

A park with five baseball/softball fields, a swimming pool with toddler area, walking path, soccer fields, street hockey rinks, play structure and beach volleyball court.

Crocker Pond Beach and Recreation Area

South Street
Westminster MA 01473
978-874-7405
www.westminster-ma.org/CrockerPond
Open to Westminster residents.

Crow Hill/Leominster State Forest

90 Fitchburg Road
Westminster MA 01473
978-874-2303

This state forest offers swimming, picnicking, hiking and mountain biking in the summer and cross country skiing and snowmobiling in the winter. Parking fees are charged.

Davis Farmland

145 Redstone Hill Road
Sterling MA 01564
978-422-8888
www.davisfarmland.com

Dunn Pond State Park

Route 1rt 101/ 289 Pearl Street
Gardner MA 01440
978-632-7897
www.mass.gov/dcr/parks/central/dunn.htm
Swimming and hiking available; handicap accessible.

Gardner Heritage State Park

26 Lake Street
Gardner MA 01440
978-632-7897
www.mass.gov/dcr/forparks

Self-guided exhibits tracing the silversmith and furniture making industries in the "Chair City."

Hager Park

Route 140
Westminster MA 01473
978-874-7414
www.HagerPark.com
57 acres with hiking and riding trails.

Lake Dennison Recreation Area

Route 202
Winchendon MA 01475
978-939-8962
www.massparks.org

This state park has hiking trails, swimming beaches, mountain bike trails and 151 campsites. Parking fee.

Enrichment/Recreation

Marshall Farm

340 Marshall Road
Fitchburg MA 01420
978-343-6255
info.marshallfarm.com

Midstate Trail

www.midstatetrail.org

A 92 mile hiking trail through Central Massachusetts, which includes the summits of both Mount Wachusett and Mount Watatic.

Miller's River

www.northquabbinwoods.org

Canoeing, kayaking and fishing are allowed on this river. Launch sites are located in Athol, Orange and Winchendon.

Monument Park

Park Street
Gardner MA 01440
978-630-4003

A small park where concerts are offered in the summer.

Moore State Park

Sawmill Road
Paxton MA 01612
508-792-3969
701 acres.

Mount Watatic

Ashburnham and Ashby MA 01430
www.newenglandtrailreview.com

1,832 foot mountain in Ashburnham and Ashby has hiking trails, a part of the Midstate and Wapak trails.

Otter River State Park

86 Winchendon Road
Baldwinville MA 01436
978-939-8962
12,788 acres, 83 campsites.

Overlook Farm/Heifer International

216 Wachusett Street
Rutland MA 01543
508-886-2221
www.heifer.org

This learning center of Heifer International offers tours, a global village and service/learning programs.

Rutland State Park

Rte. 122A/2 Crawford Rd
Rutland MA 01543
508-886-6333
396 acres.

Sholan Farms

1125 Pleasant Street
Leominster MA 01453
978-840-3276
www.sholanfarms.org

A family-oriented recreation and education farm of 169 acres owned by the City of Leominster and operated by the Friends of Sholan Farms. Offers festivals, tours, and sale of apples, raspberries and blueberries.

Tower Hill Botanic Garden

11 French Drive, P.O. Box 598
Boylston MA 01505
508-869-6111
www.towerhillbg.org

Owned and operated by the Worcester County Horticultural Society, Tower Hill offers distinctive gardens, trails, a café, gift shop, classes and special events. Admission fee.

Wachusett Mountain State Reservation

345 Mountain Road
Princeton MA 01541
978-464-2987
www.mass.gov/dcr/parks/central/wach

2,006 foot peak with 17 miles of hiking trails as well as an access road open to personal vehicle use from Memorial Day to end of October

Pools

Greenwood Memorial Pool Complex

69 Park Street
Gardner MA 01440
978-632-0678

Both indoor and outdoor pools open to the public. Home to the Greenwood Memorial Swim Club.

Philip J. Weihl Memorial Pool

40 W. Boylston Street
Clinton MA 01510
978-365-4684.
www.mass.gov/dcr/recreate/pools.htm

Enrichment/Recreation

Service Organizations

Ashburnham Lions Club

P.O. Box 813
Ashburnham MA
978-827-6696

Ashburnham-Westminster Rotary Club

Ashburnham and Westminster MA
978-874-5557

A member club of Rotary International, a service club of business and professional leaders that provides humanitarian service and encourages high ethical standards in all vocations, the AW Rotary Club meets monthly and supports local programs.

Friends of Forbush Memorial Library

118 Main Street
Westminster MA 01430
978-874-7416

Organization that supports Westminster's town library. Holds an annual ice cream festival.

Westminster Lions Club

P.O. Box 618
Westminster MA 01430
www.westminsterMa.lionwap.org

Lion's Club meetings are held on the the second and fourth Wednesdays. Events conducted by the Westminster Lions Club include monthly pancake breakfasts to benefit local organizations, an annual auction and Christmas tree sale.

Westminster Women's Club

Westminster MA 01430
978-874-2200

Westminster Women's Club meets 3-4 times per year. Awards scholarships to local graduates.

Theatre/Music

Barre Players Theatre

64 Common Street
Barre MA 01005
978-355-2096
barre_players@yahoo.com

A non-profit community theatre group that offers plays throughout the year.

Clinton Community Theatre

242 Church Street
Clinton MA 01510
978-368-1312
www.clintoncommtheatre.com

Cornerstone Performing Arts Center

First Parish Church, 914 Main Street
Fitchburg MA 01420
978-345-2915
www.cpacfitchburg.org

Non-profit arts organization offering training in music, drama and dance. Plays and other performances are offered throughout the year.

Stratton Playhouse

60 Wallace Avenue
Fitchburg MA 01420
978-345-6066
www.strattonplayers.com

Community theatre group in its 86th season that offers 4 productions each year.

Thayer Symphony Orchestra

14 Monument Square, 4th Floor
Leominster MA 01453
978-466-1800
www.thayersymphony.org

An independent non-program community orchestra directed by Maestro Francis Wada. Performances are held at the Stratos Dukakis Performing Arts Center at Montachusett Regional Vocational Technical School.

Theatre at the Mount (MWCC)

444 Green Street
Gardner MA 01440
978-632-2403

Plays and performances offered throughout the year.

Enrichment/Recreation

Wachusett Music

725 Main Street
Lancaster MA 01523
978-365-2043
www.wachusettmusic.com

Coffee houses and folk festival productions.

Westminster Town Band

Westminster MA 01473
978-874-2851

A volunteer band that marches in local parades and offers summer band concerts on the Academy Hill town common.

YMCA

YMCA - Greendale Family Branch

75 Shore Drive
Worcester MA
508-852-6694

YMCA - Montachusett Regional

55 Wallace Avenue
Fitchburg MA 01420
978-242-4847
www.montymca.org

YMCA programs include health & fitness, aquatics, childcare and sports. This YMCA also offers summer camps for children 5-14 at Camp Lowe.

YMCA - Wendell P Clark Memorial

155 Central Street
Winchendon MA 01475
978-297-9622
www.theclark.com

YMCA programs include health & fitness, aquatics, arts, gymnastics, childcare and sports.

Youth

American Little League

PO Box 1487
Leominster MA 01453
978-537-5651
hurricanelora34@verizon.net

For ages 5 – 10. Meets at Bachand Field, American Way.

Ashburnham Little League

South Street School
Ashburnham MA 01430
978-827-6567
tomdonnaG@Verizon.net

Little League program with t-ball to major league baseball and softball teams.

Athol-Mahar Pop Warner

PO Box 367
Orange MA 01364
www.atholmaharpopwarner.com

Babe Ruth League

978-534-3415

For ages 13 – 18. Meets at McLaughlin Park, 1000 R Lancaster St.

Barre Youth Commission

978-355-3040

Boy Scouts of America

1980 Lunenburg Road
Lancaster MA 01523
978-534-3532
www.nashuavalleybsa.org
www.scouting.org

Boys & Girls Club of North Central Mass.

365 Lindell Avenue
Leominster MA 01453
978-665-3760
www.boysandgirlsclubncm.org

Fitchburg Pop Warner

PO Box 7086
Fitchburg MA 01420
www.fitchburgpopwarner.com

Enrichment/Recreation

Football AFY

Leominster MA 01453

Gardner Little League

Gardner MA 01440

PRESIDENT.GYBSL@GMAIL.COM

Giguere Gymnastics School

148 Main Street (Route 9)

Cherry Valley MA

508-892-3797

www.gigueregym.com

Full day gymnastics, dance, cheer or martial arts camp or mini camp
3.5-6 yrs.

Girl Scouts of America

81 Goldstar Boulevard

Worcester MA 01606

508-853-7447

Ashburnham: 978-827-5492

Greater Gardner Youth Hockey

Veterans Skating Arena

Gardner MA 01440

978-632-4310

www.fmcicebergs.com

Ice hockey program.

Gymnastics Learning Center

574 Lake Street

Shrewsbury MA 01545

508-792-1551

508-792-3535

glc574@townisp.com

Kinderkids & Field of Dreams Full day camps.

Lassie Softball League

PO Box 362

Leominster MA 01453

www.eteamz.com/leomlassieleague

Ages 9 – 15. Meets at Crisci Street.

Leominster DEK Hockey

56 Mead Street

Leominster MA 01453

www.ltdadekhockey.com

Leominster Pop Warner

PO Box 874

Leominster MA 01453

www.leominsterpopwarner.com

Leominster Youth Soccer Association

PO Box 1314

Leominster MA 01453

978-537-6711

www.leominsteryouthsoccer.org

For ages 5-up. Meets at Samoset Fields, DeCiccio Dr.

Little League

www.eteamz.com

Meridian Gymnastics & Youth Fitness

871 W Broadway

Gardner MA 01440

978-630-1100

meridiangymnastics.com

Nashoba Baseball

56 Malburn Street

Leominster MA 01453

508-561-4268

www.boltonlittleleague.org

National Little League

PO Box 13455

Leominster MA 01453

978-537-2773

www.leominsternational.org

For ages 5 – 12. Meets at Picucci Field 97, 198 Arlington Street.

North Leominster Little League

978-537-8315

www.eteamz.com/nlll/

For ages 5-12. Meets at Justin DeSantis Field, 45 Bernice Ave. Email: nlll_baseball@hotmail.com

North Middlesex Pop Warner

PO Box 59

Townsend MA 01469

978-597-2757

www.nmpopwarner.com

Enrichment/Recreation

Oakmont Outlaws Soccer Club

Ashburnham & Westminster MA
978-874-1834
www.oakmontoutlaws.com

Soccer club offering boys and girls teams from under age 10 to under age 18 who are full time students. Member of the Nashoba Valley Youth Soccer League.

Oakmont Pop Warner Football

P.O. Box 332
Westminster MA 01473
www.oakmontpopwarner.com

Youth football and cheerleading program for Ashburnham and Westminster children ages 5 to 15. Member of the Central Massachusetts Pop Warner League.

opwpresident@yahoo.com

Oakmont Youth Basketball League

Ashburnham & Westminster MA 01473
www.oakmontyouthbasketball.com

Town basketball league for children in grades 1 to grade 9 in the towns of Ashburnham and Westminster.

Oakmont Youth Soccer

Ashburnham & Westminster
978-874-4054
978-827-5483
www.oakmontyouthsoccer.com

Youth soccer for U10 - U14-16.
kimroger@oakmontyouthsoccer.com

Pop Warner Football & Cheerleading

Leominster MA 01453
978-537-9177
www.leominsterpopwarner.com

Ages 7 – 15. Meets at Fournier Park, 525 Litchfield Street. Email: jpetkewich@comcast.net

Sterling Academy of Gymnastics

15 Industrial Drive
Sterling MA 01564
978-422-7655
www.sterlinggym.com

Programs for children ages PreK and up.

Sting Lacrosse

Ashburnham & Westminster MA 01473
www.ncmlax.com

Town lacrosse program offering teams from U9 to U15.
Contact the president via email at: president@ncmlax.com

Twin City Youth Hockey

Wallace Civic Center
Fitchburg MA 01420
978-345-7157
www.twincityhockey.com

Non-profit organization providing hockey for youth in Fitchburg, Leominster, Lunenburg, Townsend, Ashby and Pepperell.

Veterans Memorial Arena

45 Veterans Drive (off Park Street)
Gardner MA 01440
978-632-4310

Westminster Little League

P.O. Box 555
Westminster MA 01473
978-874-6378
www.westminsterbaseball.org

Little League program with t-ball to major league baseball and softball teams.

Winchendon Pop Warner

PO Box 204
Winchendon MA 01475
www.winchendonpopwarner.org

Wrestling: Leominster Youth Commission

25 West Street
Leominster MA 01453
www.lywp.org

Ages K – 8. Contact Donna Ciccone. Meets at Northwest School, 45 Stearns Avenue, Leominster.

Family Services

Food Assistance

Barre WIC office. Barre Family Health Center

151 Worcester Road
Barre MA 01005
978-630-3344
978-345-6272

Open 2nd Thursday

Clinton WIC Office/ WHEAT office

500 Main Street 2nd Floor
Clinton MA 01510
978-365-6349
Ext's (4946 or
4947)

Open Tues and Thursday's . Open 3rd Tues 10:30am-6:30pm

Gardner WIC office

47 Parker Street
Gardner MA 01440
978-630-3344

Open Tues, Wed, & Fri. Open 1st & 3rd W 10:30am-6:30pm

Leominster WIC office

53 Merriam Avenue
Leominster MA 01453
978-534-9117

Open Mon, Tues, Thurs & Fri. Open 2nd & 4th Th 10:30am-6:30pm

Winchendon WIC office (CAC)

273 Central Street
Winchendon MA 01475
978-630-3344
978-345-6272

Open 1st & 3rd Thursdays

General

Adoptive Families Together

335 Chandler Street
Worcester MA 01602
617-587-1500
617-587-1522

www.msppcc.org

Group for adoptive parents and those considering adoption. Meets on the 3rd Thursday ~7-9pm. No meeting July or August.

Anti-Defamation League (ADL) Jewish Philanthropies

617-406-6300

www.adl.org

Works with schools to fight anti-Semitism, prejudice, bigotry and racism.

Children's Aid & Family Service, Inc. (CAFS)

1480 John Fitch Highway
Fitchburg MA 01420
978-342-8971

www.sevenhills.org

Programs: Family Counseling Center; Intervention and treatment program and divorce mediation services and divorce seminars. Child Care Center: Toddlers to 4 years old (978-342-8971). Child Care Resources: Information and referral (978-343-7395); family child care: (978-343-7409)

Community Action of the North Quabbin, Inc.

393 Main Street
Greenfield MA 01301
413-774-2318
413-773-3834

www.communityaction.us/

Community Action of the Franklin, Hampshire, and North Quabbin Regions is dedicated to promoting economic justice and improving the quality of life for people with lower incomes.

Domestic Violence Ended (DOVE)

P.O. Box 690267
Quincy MA 02269
617-471-1234
888-314-3683

www.doveinc.org

Outreach and Family Services.

Family Services

Family Services of Central Mass.

31 Harvard street
Worcester MA 01609
508-756-4646
www.fscm.org

Children's Divorce Adjustment Group: provides support and a forum for children to express their feelings and concerns. "Parents Apart:" monthly evening seminar addresses how to ease traumatic impact of divorce on children. Separated/Divorced Women's Group: Support and information for ending a relationship and beginning a new life. Family & Group counseling service.

Jewish Family Services

646 Salisbury Street
Worcester MA 01609
508-755-3101

Beyond divorce: A children's and parents' guide to family reorganization. Divorce Support Group: For men and women who are reorganizing their lives after separation and divorce. Divorce Seminars for Parents: On-going sessions for parents who are separated or divorced provide information on co-parenting, children's reactions and other related issues. Family & Group counseling service.

Montachusett Opportunity Council, Inc.

133 Prichard Street
Fitchburg MA 01420
978-342-7013
www.mocinc.org

Montachusett Opportunity Council, Inc. is the designated Community Action Agency serving North Central Massachusetts. The mission of Montachusett Opportunity Council, Inc. is to develop collaborative opportunities and empower low-income individuals and families in the Montachusett region to achieve self-sufficiency.

North Quabbin Community Coalition

10 School Street
Athol MA 01331
978-249-3703
www.nqcc.org

Comprehensive online resource directory of North Quabbin area services.

Springfield Partners for Community Action, Inc.

619 State Street
Springfield MA 01109
413-263-6500
www.springfieldpartnersinc.com/

Community Action Agencies are private non-profit or public organizations that were created by the federal government in 1964 to combat poverty in geographically designated areas.

United Neighbors of Cleghorn (Cleghorn Neighborhood Center)

18 Fairmount Street
Fitchburg MA 01420
978-342-2069

Food Distribution: 9 a.m. to 12:30 p.m. Monday through Thursday. Appointments available for working clients.

Worcester Community Action Council, Inc. (WCAC)

484 Main Street, 2nd Floor
Worcester MA 01608
508-754-1176
508-754-0203
www.wcac.net

Our mission is to stimulate change in the fundamental causes of poverty and to create and provide opportunities for economic self-sufficiency through services, partnership, and advocacy.

Youth Opportunities Upheld (YOU, Inc.)

81 Plantation Street
Worcester MA 01604
508-849-5600
978-632-2321
www.youinc.org

Individual, family or group therapy for families dealing with divorce/remarriage issues.

Grief Support Group

Community Birth Loss Support Group

250 Green Street
Gardner MA 01440
978-632-3420

First month of each month, 7-8:30 p.m. For any Parent experiencing the loss of a baby through miscarriage, stillbirth, or newborn death.

Compassionate Friends

111 Park Ave
Worcester MA 01609
508-755-6143

Meets on the third Tuesday of the month at 7 p.m.; July & August third Thursday 7 p.m.

Health Care

UMASS Memorial Health Care/Family Education Center - Baby-Sitting Program

119 Belmont Street
Worcester MA 01605

Learn about infant and toddler care, dealing with emergencies, safety. Four week session, ages 11 and up.

Family Services

Housing/Shelters

Athol Housing Authority

P.O. Box 207
Athol MA 01331
978-249-4848

Administers Section 8 (federally subsidized housing for low-income families) and provides affordable housing.

Barre Housing Authority

146 Ruggles Lane
Barre MA 01005
978-355-6643

Administers Section 8 (federally subsidized housing for low-income families) and provides affordable housing.

Clinton Housing Authority

58 Fitch Road
Clinton MA 01510
978-365-4150

Administers Section 8 (federally subsidized housing for low-income families) and provides affordable housing.

Fitchburg Housing Authority

50 Day Street
Fitchburg MA 01420
978-343-7025

Administers Section 8 (federally subsidized housing for low-income families) and provides affordable housing.

Gardner Housing Authority

116 Church Street
Gardner MA 01440
978-632-6627

Administers Section 8 (federally subsidized housing for low-income families) and provides affordable housing.

Greater Gardner Community Development Corporation

246 Central Street
Gardner MA 01440
978-630-2975 x 306
www.ggcdc.org

The Greater Gardner Community Development Corporation promotes self-sufficiency by creating affordable housing opportunities and providing additional programs that raise the economic, educational, and social levels of residents in its service area.

Habitat for Humanity, North Central Massachusetts

1 Oak Hill Road
Fitchburg MA 01420
978-348-2749
www.ncmhabitat.org

A non-profit organization working locally to provide for families, Habitat for Humanity builds and rehabilitates houses with the help of partner homeowners and volunteers.

Lancaster Housing Authority

449 Main St., P.O. BOX 507
Lancaster MA 01523
978-365-3923

Administers Section 8 (federally subsidized housing for low-income families) and provides affordable housing.

Leominster Housing Authority

100 Main Street
Leominster MA 01453
978-537-2861

Administers Section 8 (federally subsidized housing for low-income families) and provides affordable housing.

Our Father's House, Inc.

53-55 Lunenburg Street
Fitchburg MA 01420
978-345-3050

Provides meals, shelter, housing search, case management, and advocacy services to homeless men and women.

RCAP Solutions, Inc.

205 School Street, P. O. Box 159
Gardner MA 01440
978-630-6771
www.rcapsolutions.org

RCAP Solutions is a non-profit organization providing planning, consulting and direct services to individuals and communities in areas including housing, debt reduction counseling, developing budgets, and clean water systems.

Winchendon Housing Authority

108 Ipswich Drive
Winchendon MA 01475
978-297-2280

Administers Section 8 (federally subsidized housing for low-income families) and provides affordable housing.

Family Services

Mental Health

Call2Talk

508-532-CALL,
(2255)

Mental health and Emotional support Line...10am-3pm , 7 days/week

Heywood Hospital

242 Green Street
Gardner MA 01440
978-630-6458

Jill Cormier, LCSW. Birth/Loss Support Group

Milford Regional Medical Center

14 Prospect Street
Milford MA 01757
508-422-2030

Karen Pecci, LCSW. Birth/Loss Support Group

South Bay Mental Health Center

340 Main Street Suite 383
Worcester MA 01608
508-791-4976
intake# 508-427-
5362

www.southbaymentalhealth.com

The Lipton Center (run by Community HealthLink)

255 Main Street
Fitchburg MA 01420
508-860-1000
www.communityhealthlink.org

The Lipton Center (run by Community HealthLink)

110 Erdman Way
Leominster MA 01453
978-537-3324
www.communityhealthlink.org

Parent/Child Programs

Athol Parent Child Home Program

423 Main Street
Athol MA 01331
978-249-7661

Home based early literacy and parenting program for families with children ages 16 months to 4 years.

Fitchburg Parent Child Home Program

356 Broad Street
Fitchburg MA 01420
978-345-8549 x 323

Home based early literacy and parenting program for families with children ages 16 months to 4 years.

Franklin Community Action Corporation

393 Main Street
Greenfield MA 01301
413-774-318

www.communityaction.us

The Franklin County Family Network brings parents together with early childhood educators and other community members to create opportunities for fun and stimulating activities with their children.

La Leche League (Worcester Chapter)

557 Pleasant Street

2nd Tuesday of the month 930-1130

Lunenburg Family Network, Eagle House

25 Memorial Drive
Lunenburg MA 01462
978-528-1429

The Family Network Program of Lunenburg under the Mass. Department of Early Education and Care provides collaborative, comprehensive, high quality family support services that are free of charge, welcoming and accessible to all Lunenburg families with young children (pre-natal through 4 years old). We sponsor weekly playgroups, parenting classes, family activities, and community forums.

For more information or if you would like to be on our mailing list, contact our office.

North Quabbin Family Network, Valuing Our Children

27 Walnut Street
Athol MA 01331
978-249-8467

Family Services

North Worcester County Healthy Families

35 Main Street
Fitchburg MA 01420
978-665-9078

Parents Helping Parents

108 Water Street
Watertown MA 02472
800-632-8188
617-926-5008
www.parentshelpingparents.org

Parents Helping Parents pursues its child abuse prevention mission by providing two free parent support services: 1) a 24-hour parent helpline that provides telephone counseling and information and referral to parents; and 2) a network of anonymous and confidential Parent Support Groups that meet in many locations throughout Massachusetts.

Peter Pan Center

280 Ayer Road.P.O.Box 312
Harvard
Ma 01451
978-772-1255
www.peterpancenter.com
social skills, private pay only

Play School (Clinton Community Partnerships for Children)

150 School Street, Room 208
Clinton MA 01510
978-365-4218
www.clinton.k12.ma.us

Provides a moderately structured adult/child "Play School" program in which families with children ages 0 - 6 years play and learn together. Primarily for Clinton residents only.

Quabbin Parent Child Home Program

21 Allen Dr
Barre MA 01005
978-355-0266

Home based early literacy and parenting program for families with children ages 16 months to 4 years.

The House of Peace & Education, Inc. (HOPE)

20 Barthel Avenue, Gardner, MA 01440
Gardner MA 01440
978-630-4752
www.hopegardner.org

The House of Peace & Education, Inc. was founded in 1996 in response to high levels of poverty and a growing trend of violence in the greater Gardner area of Massachusetts. With a mission of countering violence and promoting peace through education, leadership development and mentoring, HOPE has helped hundreds of at risk children and women to reclaim their futures.

Pregnant Women & Children

Ayer WIC Office

63 Park Street
Ayer MA 01420
978-772-0191
www.mass.gov/wic. Open Mondays/Wednesdays

Provides supplemental foods, nutrition education, and health care referrals to pregnant and post partum women.

Babysitting Program at Clinton Hospital

203 Highland Street
Clinton MA 01510
978-368-3716

North Central WIC Program

375 Nichols Rd
Fitchburg MA 01420
978-345-6272
www.mass.gov/WIC

Provides supplemental foods, nutrition education, and health care referrals to pregnant and post partum women.

Family Services: Mental Health

Emergency

Central Region Department of Children and Families

25 Winthrop Street, Suite 300
Worcester MA 01604
508-929-2130

The Department's vision is to ensure the safety of children in a manner that holds the best hope of nurturing a sustained, resilient network of relationships to support the child's growth and development into adulthood.

Child-At-Risk Hotline

53 Parker Hill Avenue
Boston MA 02120-3225
800-792-5200
617-232-4882

www.jbcc.harvard.edu/programs/hotline.htm

Working under the auspices of the Massachusetts Department of Children and Families since July 1982, Judge Baker Children's Center directs the Child At-Risk Hotline, a statewide after-hours emergency response system. A 30-member staff is trained to assess the urgency of each call, elicit critical information, and provide a sympathetic ear.

The Hotline operates 24 hours a day, 7 days a week, with DCF Area offices fielding calls weekdays from 9:00 a.m. to 5:00 p.m. and Judge Baker covering evenings and weekends.

Mass. Department of Children and Families

140 High Street, 5th Floor
Springfield MA 01105
413-452-3350

The Department's vision is to ensure the safety of children in a manner that holds the best hope of nurturing a sustained, resilient network of relationships to support the child's growth and development into adulthood.

Greenfield: 143 Munson St., Unit 4 (413-775-5000 or 800-842-5905)
Worcester: 25 Winthrop St., Ste. 300 (508-929-2130)
Leominster: 690 Mechanic St., Ste. (978-466-1500 or 800-479-6111)

North Central Department Of Children and Families

690 Mechanic Street, Suite 100
Leominster MA 01453
978-353-3600
800-479-6111

The Department's vision is to ensure the safety of children in a manner that holds the best hope of nurturing a sustained, resilient network of relationships to support the child's growth and development into adulthood.

General

Community Healthlink/Worcester Youth & Family Services

275 Belmont Street
Worcester MA 01604
508-791-3261
www.communityhealthlink.org

Psychological assessment at the center and off-site preschool settings. Counseling and support services.

Kid's Net Connection MSPCC

335 Chandler Street
Worcester MA 01602
800-486-3730

5pm-9am (M-F); 24 hrs. weekends & holidays, after hours telephone information and support service for DSS foster parents, kinship providers and pre-adoptive parents including emergency home visits.

LUK Inc.

545 Westminster Street
Fitchburg MA 01420
978-345-0685
www.luk.org/index.php

Social service agency dedicated to improving the lives of youth and their families. Offers various services including a young parent support group.

North Central Human Services, Inc.

31 Lake Street
Gardner MA 01440
978-632-9400

YANA -You Are Not Alone

508-752-4200

Monthly grief management meetings, Also radio talk show Sunday 9-10 pm AM 830 WCRN

Food Assistance

Farmers Markets

Ashburnham Farmers Market

Winchester Park behind Town Hall
Ashburnham MA 01430
Monday 4-630pm 7/20-10/12

Barre Farmers Market

Barre Common
Barre MA 01005
Saturday 9-12:30 5/9-10/9

Fitchburg Farmers Market

Burbank Campus
Fitchburg MA 01420
Monday 10-4 7/20-10/26

Fitchburg Farmers Market

Wallace Civic Center
Fitchburg MA 01420
Friday 8:45-12:00 7/10-10/31

Fitchburg Farmers Market

Riverfront Park
Fitchburg MA 01420
Thursday 3-7 7/2-10/28

Gardner Farmers Market

Monument Park
Gardner MA 01440
Thursday 830-1pm---5/9-10/31

Hardwick Farmers Market

Hardwick Common
Hardwick MA 01031
Sunday 11-2 6/16-10/28

Holden Farmers Market

Damon House Parking Lot
Holden MA 01520
Tuesday 3-630 5/7-10/29

Lancaster Farmers Market

Town Green
Lancaster MA 01523
Thursday 3-630 6/20-9/26

Orange Farmers Market

Butterfield Park
Orange MA 01364
Saturday 9-1pm 5/21-10/15

Paxton Farmers Market

Town Common
Paxton MA 01610
Thursday 3-630 5/13-9/13

Phillipston Farmers Market

Town Center
Phillipston MA 01331
Saturday 8-12 6/27-10/31

Princeton Farmers Market

Princeton Community Center
Princeton MA 01540
Thursday 3-6 6/18-10/10

Sterling Farmers Market

Town Hall, 1 Park St.
Sterling MA 01564
Friday 1-7 5/29-10/30

Westminster Farmers Market

Town Common
Westminster MA 01473
westminsterfarmermarket@gmail.com
Friday 3-7 5/1-10/30

Winchendon Farmers Market

American Legion Park
Winchendon MA 01475
Thursday 1-7 5/14-9/30

Food Assistance

Food Pantries

Ashburnham Community Church

84 Main Street
Ashburnham MA 01440
978-827-5553

Barre Food Bank

978-355-4519

Christ Episcopal Church

499 Vernon Ave
S. Barre MA 01005
978-355-4061

Food Distribution: 10 a.m. to noon, second Wednesday of the month.

First Baptist Church Community, Food Cupboard

23 West St
Leominster MA 01453
978-537-2685
2nd SAT 9-11am. Please call first

Ginny's Helping Hands Food Pantry

52 Mechanic Street
Leominster MA 01453
978-537-1387

Food Distribution: Tuesday - Saturday, 10AM - 5PM: Please call first

Highland Baptist Church

27 Cedar Street
Fitchburg MA 01420
978-342-9646

2nd & 4th Sat 9.11am.(serving Fitch, Ashby, Lunenburg, and Townsend). Please call First

Lighthouse Food Pantry

500 Main Street
Athol MA 01331
978-249-4024

4 to 5:30 p.m. first and third Thursdays. Call for emergencies.

Ruth's Harvest Pantry, United Methodist Church

77 Hall Street
Leominster MA 01435
978-537-1356

3rd Thursday 6-8pm; 4th Sat 8-10am: Please call first

Rutland Food Pantry

290 Main Street
Rutland MA 01543
508-886-2206

Please call (varies)

Salvation Army Food Pantry

107 Ridge Avenue
Athol MA 01331
978-249-8111

Food Distribution: Tuesday through Friday, 8:30-12:00 and 1-3PM

Sharing Cupboard Food Pantry

36 North Main Street
West Brookfield MA 01585
508-867-7078

Food Distribution: Wednesday, 10 AM to 12 PM, Thursday, 7:00 to 8:30 PM

St. Joseph's Food Pantry

296 N. Main Street
North Brookfield MA 01535
508-867-6811

Food Distribution: 1st Thursday of the month, 6:00 - 7:15 PM; 3rd Thursday of the month, 1 to 3 PM, or by appointment.

Stow Food Pantry

353 Great Road
Stow MA 01775
978-779-8233

Tri-Parish Community Church Food Bank

179 Main Street
Gilbertville MA 01031
413-477-6635

Food Distribution: 1st and 3rd Friday, 9:30 to 11:30 AM. Call First

Wachusett Food Pantry

56 Boydon Road
Holden MA 01520
508-829-2749
3rd Saturdays 9-11am:Seniors 3rd Friday 10-1130am

Wachusett Food Pantry

P.O. Box 62
Jefferson MA 01522
508-829-2749
www.wfp1995.org

Monthly food distribution at 1st Baptist Church-Holden.

Food Assistance

Westminster Food Pantry at First Congregational Church

138 Main Street
Westminster MA 01473
978-874-7970

Food Distribution: Thursdays, 6:30 -7:30 p.m. (Ashburnham & Westminster residents only).

Westminster Food Pantry at First Congregational Church

138 Main Street
Westminster MA 01473
978-874-7970
978-874-2350
cmcdonald1018@aol.com

Westminster residents only, 630pm-730pm

WHEAT Community Services

500 Main Street
Clinton MA 01510
978-365-6349 x 14
www.uwotc.org/wheat

Food Distribution: Tuesday - Friday, 10 AM to 1 PM.

Worcester County Food Bank

474 Boston Turnpike
Shrewsbury MA 01545
508-842-3663

General Resources

Angel Food Ministries/Charlton Baptist Church

50 Hammond Hill Rd
Charlton MA 01507
508-248-4488
www.angelfoodministries.com

Low cost monthly food orders.

Catholic Charities

196 Mechanic Street
Leominster MA 01453
978-840-0696

Monday through Friday.

Fitchburg/Leominster Community Action Council

62 Normandy Road
Fitchburg MA 01420
978-342-8617

Call First

Gardner Community Action Council

294 Pleasant Street, third floor
Gardner MA 01440
978-632-8700

Food Distribution: 9 a.m. to noon Monday through Friday.

MOC Elder Services, Senior Center

66 Day Street
Fitchburg MA 01420
978-345-8501 x 01

Call First

North Central WIC Program

326 Nichols Rd., Suite 14
Fitchburg MA 01420
978-345-6272
800-942-1007
www.mass.gov/wic

Provides supplemental foods, nutrition education, and health care referrals to pregnant and post partum women.

Salvation Army

739 Water Street
Fitchburg MA 01420
978-342-3300

Call First

Food Assistance

Serve New England: Rollstone Serve Fitchburg

199 Main Street
Fitchburg MA 01420
Rev Hanks, 978-
821-9571
Revhanks@rollstone.org

Low cost food ordering co-op; participants must volunteer 2 hours per month.

Barre: 557 South Barre Road (978-355-6659)
Athol: 120 School Street (978-249-3464)
Gardner COA: 294 Pleasant Street (978-630-4067)
Hardwick: 179 Main Street (413-477-6707)

Spanish American Center

112 Spruce Street
Leominster MA 01453
978-534-3145
Call First

St. Vincent dePaul at Saint Leo's Church

108 Main Street
Leominster MA 01453
978-537-7257
Call First

St. Vincent dePaul Society at Sacred Heart Church

166 Cross Street
Gardner MA 01440
978-632-0237

Food Distribution: 10 a.m. to 5 p.m. weekdays. Call for appointment.

Supplemental Nutrition Assistance Program (SNAP)

866-950-3663 Mass. Hotline
www.fns.usda.gov/snap

Federal nutrition program administered by State and local agencies.

Meals

Fellowship Table

Pleasant Street
Gardner MA 01440
987-632-8700

Thursdays at 4:30 First school year Sept-June

Kid's Café

65 Tainter St
Worcester MA
508-754-2686

Tuesday, Wednesday, and Thursday nights at 5 p.m. during school year.

Mustard Seed

93 Piedmont Street
Worcester MA
508-754-7098

Monday-Saturday 5-6:30.; Sunday noon.

Our Father's Table

40 Boutelle St
Fitchburg MA 01420
978-345-6950

Dinner Tuesdays, Thursdays at 5-7 p.m.; Saturday Breakfast 8-9am; Food Pantry, limited food vouchers.

53-55 Lunenburg Street: community dinner twice a month and emergency food pantry.

WHEAT Community Café

242 High Street
Clinton MA 01510
978-368-8547
www.uwotc/WHEAT

Delicious freshly made meals including vegetarian dishes served 6 nights per week. (4pm-630)

Health Services

Clinics/ Free Care

Community Health Connections/Access Program

275 Nichols Rd
Fitchburg MA 01420
978-878-8100
www.chcfamilyhealth.org

Provides comprehensive medical, dental, mental health care to uninsured and underinsured residents

Gardner Community Health Center

175 Connor Street
Gardner MA 01440
978-630-5751
www.chcfamilyhealth.org

Provides comprehensive medical, dental, mental health care to uninsured and underinsured residents

Gateway Health Access Program

242 Green Street
Gardner MA 01440
978-632-3420
www.heywood.org

Help uninsured people access affordable health care

MassHealth

800-841-2900
www.mass.gov

Help with health insurance for low income population.
MassHealth - Spanish: 800-223-5001

Dental

Family Health Center Dental

275 Nichols Rd.
Fitchburg MA 01420
978-878-8440
978-878-8300
www.chcfhc.org

Simple dental procedures, x-rays and exams.

Great Brook Valley Health Center

200 High Street
Clinton MA 01510
978-368-0340
www.gbvhc.org

Dental care only; services all types of insurance (low income families/Mass Health accepted).

Mass Health Dental

800-207-5019
www.mass.gov
State subsidized dental care

Emergency

Battered Women's Resources, Inc.

14 Monument Square
Leominster MA 01453
978-537-2306
www.bwri.com

Support for women and their children involved in domestic violence situations
Gardner: 168 Chestnut St. (978-632-4424)

Childhood Lead Poisoning Prevention

356B Broad Street 4thFloor
Fitchburg MA 01420
978-342-6259
800-532-9571

Rape Crisis Center of Central Mass. Inc.

275 Nichols Rd
Fitchburg MA 01420
978-343-5683
www.rapecrisiscenter.org

Suicide & Crisis Hotlines

800 SUICIDE
800-273-8255

Health Services

General

ACTION Health Services, Community Health Connections

275 Nichols Street

978-878-8100

www.chcfhc.org/action

A team of family physicians, nurse practitioners, and medical assistants provide primary medical care. Community health workers also provide supportive services such as health insurance, referrals to housing, fuel assistance and more.

Locations in Fitchburg, Gardner, Leominster and Winchendon.

A team of family physicians, nurse practitioners, and medical assistants provide primary medical care. Community health workers also provide supportive services such as health insurance, referrals to housing, fuel assistance and more. Locations in Fitchburg, Gardner, Leominster and Winchendon.

A team of family physicians, nurse practitioners, and medical assistants provide primary medical care. Community health workers also provide supportive services such as health insurance, referrals to housing, fuel assistance and more. Locations in Fitchburg, Gardner, Leominster and Winchendon.

Better Breathers Club

242 Green Street

Gardner MA 01440

978-630-6222

heglin.p@heywood.org

1st Monday-2:30pm-3:30pm

Crosspoints Men's Health Collective (HIV)

35 Main Street

Fitchburg MA 01420

978-665-9078

www.gardnervna.org

Gardner Visiting Nursing Association

34 Pearly Lane

Gardner MA 01440

978-632-1230

Provides skill nursing, maternal/child health nursing, certified home hospice care, assisted living program, home health aid, OT & PT

Leominster Community Health Center

14 Manning Ave 4th Floor, Suite 402

Leominster MA 01453

978-847-0110

www.chcfhc.org/leominster

medical, dental, behavioral, and pharmacy services, available w/out insurance. Portuguese and Spanish available

Lifetime Center for Family Health

Worcester Medical Center 20 Worcester Center Blvd.

Worcester MA

508-368-3192

Health, education, library, CPR class

Mass. Rehabilitation Commission

76 Summer Street

Fitchburg MA 01420

978-792-7380

www.mass.gov/mrc

UMASS Memorial Home Health & Hospice

650 Lincoln Street

Worcester MA 01605

508-754-0052

Free immunizations. Multi-lingual practitioners offer home visits and follow up care.

HIV/AIDS

HIV/AIDS Support, Education & Advocacy

242 Green Street

Gardner MA 01440

978-630-6490

www.heywood.org

Provides workshops on HIV/AIDS to schools, church groups, support groups

Health Services

Home/Homeless Health Care

Gardner Visiting Nurse Association

34 Pearly Lane
Gardner MA 01440
978-632-1230 3011
www.gardnervna.org

Provides skill nursing, maternal/child health, home nursing, certified home hospice care, assisted living, home infusion therapy, home health aid and physical/occupational therapy.

Home Staff - Leominster

100 Erdman Way
Leominster MA 01453
978-466-1150
800-779-3312
www.homestaffma.com

Family owned licensed home health care agency, homemaking, errands/shopping, meal preparation, escort, companionship, medication reminders

Montachusett Home Care

690 Mechanic Street
Leominster MA 01453
978-466-5400
www.montachusettthomecare.com

Provides personal finances/budget counseling, home health care, widow/widower support groups, geriatric assessment and in home assistance.

Orchard Street Shelter

17 Orchard Street
Leominster MA 01453
978-537-3109
www.communityhealthlink.org

Residential treatment for pregnant or parenting women for up to twelve months. Transitional housing/ shelter and some services for their affected teens.

Hospitals

Athol Memorial Hospital

2033 Main Street
Athol MA 01331
978-249-3511
www.atholhospital.com

Barre Health Center

151 Worcester Rd
Barre MA 01005
978-355-6321

Burbank Rehabilitation Center

275 Nichols Rd
Fitchburg MA 01420
800-595-5000
www.umassmemorial.org

Emerson Hospital

133 Old Road To Nine Acre Corner
Concord MA 01742
978-369-1400

HealthAlliance Hospital

275 Nichols Rd
Fitchburg MA 01420
800-595-5000
www.umassmemorial.org

HealthAlliance Hospital

60 Hospital Rd
Leominster MA 01453
978-466-2000
www.umassmemorial.org

Heywood Hospital

242 Green Street
Gardner MA 01440
978-632-3420
www.heywood.org

Nashoba Valley Medical Center

200 Groton Road
Ayer MA 01432
978-784-9000
www.nashobamed.com

Health Services

St. Vincent's Hospital

123 Summer Street
Worcester MA
508-363-5000
www.womenshealthmatters.ca/index.cfm/

Women's Health Matters
American Pregnancy Assoc.: www.americanpregnancy.org
Baby Center : www.babycenter.ca/pregnancy.org

The Barre Integrated Health Center

35 South Street
Barre MA 01005
978-355-3501
www.listeningwellness.org

Promotes access to health care and encourage self-education.
Provide access to complementary care and community education to self- health care.

UMass Memorial Health Care

119 Belmont Street
Worcester MA 01605
508-334-0100 -
pager
508-334-
8567.Voice mail
Elena Coffey, MA LCSW.Birth/Loss Support Group

UMass Memorial Medical Center

119 Belmont Street
Worcester MA 01605
508-334-1000
www.umassmemorial.org

Umass/Clinton Hospital

201 Highland Street
Clinton MA 01510
978-368-3000
www.umassmemorial.org

Housing for Patients' Families

ACS Worcester Hope Lodge

7 Oak Street
Worcester MA 01609
508-792-2985
www.cancer.org

Housing for patients' families.

Why Me/Sherry's House

1152 Pleasant Street
Worcester MA 01602
508-757-7734
www.info@whyme.org

Housing for patients' families.

Health Services

Pregnant Women & Children

Care-Net Pregnancy Resource Center

515 Main Street, #1000

Fitchburg MA 01420

978-342-4244

www.carenetfitchburg.net

Free and confidential services for women

Child /Infant Safety/ CPR Class

242 Green Street

Gardner MA 01440

978-632-3420

www.heywood.org

Provides children and infant CPR and First Aid classes.

Children's Medical Security Plan/Healthy Start

1-800-841-2900

www.cmspkids.com

Applications for children and teens who do not have health coverage & comprehensive prenatal care for low income uninsured women & their infants under one year in order to improve health outcomes & their babies.

Early Intervention Partnership Program (EIPP)

100 Erdman Way

Leominster MA 01453

978-401-3892

Servieds for pregnant and post-partum women and children.

Early Pregnancy Class

242 Green Street

Gardner MA 01440

978-632-3420

www.heywood.org

Provides childbirth education.

Lamaze Classes

242 Green Street

Gardner MA 01440

978-632-3420

www.heywood.org

Provides breastfeeding and childbirth education, first aid instructions, lamaze classes, infant child safety and CPR

Legal Assistance

Services/Support

Child Support Enforcement Unit (Mass. Department of Revenue)

800-332-2733

www.dor.state.ma.us

Forms available online to allow the DOR to enforce your child support order.

Massachusetts Justice Project

405 Main Street, Suite 300

Worcester MA 01608

888-427-8989

508-831-9888

The Massachusetts Justice Project is a federally funded legal services hotline. We provide legal advice in only the following matters: landlord and tenant issues, evictions, divorce and custody cases, domestic violence, foreclosure, debt collection and bankruptcy, employment, and the termination or denial government benefits such as welfare or veterans benefits, SSI or social security, unemployment, section 8 and public housing, food stamps, mass health and Medicare.

The Legal Assistance Corporation of Central MA

76 Summer Street

Fitchburg MA 01420

800-649-3718

www.laccm.org/

LACCM is the state-funded civil legal aid program for Central Massachusetts. LACCM provides free civil legal assistance to low-income and elderly residents of Worcester County and specializes in elder law, government benefits, eviction defense, immigration law, housing and employment discrimination, and family law matters affecting domestic violence victims.

The Legal Assistance Corporation of Central MA

405 Main Street, 4th Floor

Worcester MA 01608

800-649-3718

508-725-3718

www.laccm.org/home

LACCM is the state-funded civil legal aid program for Central Massachusetts. LACCM provides free civil legal assistance to low-income and elderly residents of Worcester County. With over twenty advocates, LACCM specializes in elder law, government benefits, eviction defense, immigration law, housing and employment discrimination, and family law matters affecting domestic violence victims.

Western Mass. Legal Service

127 state Street 4th Floor

Springfield MA 01103

413-781-7814

413-536-2420

www.wmls.org/

WMLS' mission is to help clients meet their basic human needs through advice, representation and education in a manner that encourages their autonomy and respects their dignity.

Mental Health Services

Children & Adolescents

Children's Friend, Inc.

21 Cedar Street
Worcester MA 01609
508-753-5425
www.childrensfriend.org

Diagnostic, treatment & medication services for children with disruptive behavior disorders. Support & training for parents

Children's Friends Society

21 Cedar Street
Worcester MA 01609
508-753-5425
www.childrensfriend.org

Diagnostic, treatment & medication services for children and adolescents with disruptive behavior disorders. Support & training for parents

Flying High Farm

615 Leominster Road
Lunenburg MA 01462
978-582-7103
www.flyinghighfarm.com

Flying High Farm incorporates the therapeutic power of ponies toward optimizing the behavioral, emotional and social growth of our youth. Private insurance. CMSP is accepted

University of Massachusetts Medical Center Dept. of Developmental and Behavioral Pediatrics

55 Lake Avenue North
Worcester MA 01655
508-856-3028

One Clinic for children with developmental issues; birth -10 yrs. Handles wide range of problems

Drug/Alcohol Abuse

LUK Inc.: STEP (strengthen transition empower persevere)

545 Westminster Street
Fitchburg MA 01420
(800) 579-0000
www.luk.org

A program to address the needs of victims of operating under the influence (OUI) crashes. Offers brief counseling, crisis intervention, support groups, referral, information, advocacy, outreach, and education.

Mental Health

Bolton Psychotherapy Association

563 Main Street
Bolton MA 01740
978-779-6505

Center for Living and Working

76 Summer Street
Fitchburg MA 01420
978-345-1568
opsearch@centerlw.org

Skill training, advocacy, peer counseling I&R for people with disabilities.

Children's Aid and Family Services

110 Erdman Way
Leominster MA 01453
978-345-4174

Family counseling, divorce mediation, child custody planning and more. An affiliate of the Seven Hills Foundation.

Clinical and Support Options

491 Main Street
Athol MA 01331
978-249-9490
www.csoinc.org

Community Healthlink - Lipton Center

100 Erdman Way
Leominster MA 01453
978-840-9329
www.communityhealthlink.org

Counseling services for children and adults

Community Healthlink - Lipton Center

45 Summer Street
Leominster MA 01453
978-534-6116
800-977-5555
www.communityhealthlink.org

Comprehensive mental health services. Individual, family, group counseling.

Family Services of Central Mass.

31 Harvard street
Worcester MA 01609
508-756-4646

Individual, couple, family counseling. Family life education workshops

Mental Health Services

First Call for Help

484 Main Street
Worcester MA 01608
508-755-1233
www.mass211.org

MASS211

Information and referral help line providing information on community, health and human services.

Healthy Directions at HealthAlliance Home Health & Hospice

Burbank Campus
Fitchburg MA 01420
978-348-1702

Support and education to pregnant women and parents of children up to age three.

Mass. Department of Children and Families

140 High Street, 4th Floor
Springfield MA 01105
413-452-3200

The Department's vision is to ensure the safety of children in a manner that holds the best hope of nurturing a sustained, resilient network of relationships to support the child's growth and development into adulthood.

Greenfield: 143 Munson St., Unit 4 (413-775-5000 or 800-842-5905)
Worcester: 25 Winthrop St., Ste. 300 (508-929-2130)
Leominster: 690 Mechanic St., Ste. (978-466-1500 or 800-479-6111)

Mass. Department of Developmental Services

435 Main Street
Fitchburg MA 01420
978-342-2140
www.state.ma.us/dmr

Mass. Department of Mental Health

45 Summer Street
Leominster MA 01453
978-534-3372
www.state.ma.us/dmh

Multicultural Wellness Center

515 Main Street 3rd Floor
Fitchburg MA 01420
978-343-3336
info@multiculturalwellness.org

North Central Alcoholism

316 Central Street
Gardner MA 01440
978-632-1736
Alcoholism treatment program

Parents Helping Parents (parental stress line)

800-882-1250
800-632-8188

Psychiatry and Family Counseling

52 Cedar Street
Worcester MA 01603
508-752-5191

Serves children, adolescents, adults, and families within Central Mass.

Leominster Office: 25 Mohawk Drive (978-840-1100)

Riverside Counseling

76 Summer Street
Fitchburg MA 01420
978-345-6729

Counseling services for children and adults

The Elise Lindsay Healing Center

74 Woodland Avenue
Gardner MA 01440
978-630-3455

Provides bereavement counseling and support services, violence and abuse services, counseling and adolescent/youth counseling

Youth Opportunities Upheld (YOU, Inc.)

205 School Street
Gardner MA 01440
978-632-2120
www.youinc.org

Counseling services for children & families.

Youth Opportunities Upheld (YOU, Inc.)

205 School Street
Gardner MA 01604
508-849-5600 x 277
987-632-2321
www.youinc.org

Full range of services of behavior management, parenting, anxiety and stress, school problems, fire setting, etc..

Mental Health Services

Self Help Groups

Alcoholic Anonymous

800-570-4562
www.aa.org

Debtors Anonymous

800-421-2383
www.debtorsanonymous.org

Gamblers Anonymous

855-222-5542
www.gamblersanonymous.org

Narcotics Anonymous

877-589-4611
www.centralmassna.org

Senior Services

COAs/Centers/Clubs

Ashburnham Council on Aging

32 Main Street 2nd Floor
Ashburnham MA 01430
978-827-5000
www.ashburnham-ma.org

Offers programs and services for senior citizens, including transportation to medical appointments, social events and programs. Lunch program for seniors is at the Senior Center or by home delivery. Forever Young Club: Social club for seniors age 55 and over who live or have lived in Ashburnham. Meets on the first Monday of each month.

Barre Council on Aging

557 South Barre Road
Barre MA
978-355-5004
www.townofbarre.com

Meets first Wednesday of each month (7 p.m. at Woods Memorial Library).

Clinton Council on Aging

242 Church Street
Clinton MA 01510
978-365-9416

Geriatric services, health services, social services

Fitchburg Senior Center

14 Wallace Ave.
Fitchburg MA 01420
978-345-9598
www.fitchburgseniorcenter.org

Gardner Council on Aging

294 Pleasant Street
Gardner MA 01440
978-632-4067
www.gardner-ma.gov

Senior ride program, elder law, counseling, recreational activities, nutrition sites

Holden Senior Center

1130 Main Street
Holden MA 01520
508-210-5570

Nutrition, recreation, arts & crafts.

Lancaster Council on Aging

695 Main Street
Lancaster MA 01523
978-733-1249 1106
www.ci.lancaster.ma.us

Leominster Council on Aging

5 Pond Street
Leominster MA 01453
978-534-7511
www.leominster-ma.gov

Congregate meals, counseling, elder law, recreation activities

Lunenburg Council on Aging

25 Memorial Drive
Lunenburg MA 01462
978-582-4166
978-582-4167
sdoherty@lunenburgonline.com

Elder law, nutrition site, counseling, recreation activities

MOC Elder Services, Senior Center

14 Wallace Street
Fitchburg MA 01420
978-345-8501 x 01

Princeton Council on Aging

18 Boylston Ave.
Princeton MA 01541
978-464-5977
www.town.princeton.ma.us

Nutrition site, counseling, recreation activities, elder law

Sterling Council on Aging

1 Park Street
Sterling MA 01564
978-422-3032
www.town.sterling.ma.us

Senior ride program, elder law, counseling, recreational activities, nutrition sites

Westminster Council on Aging

127 Main Street POBox 212
Westminster MA 01473
978-874-7402
www.westminster-ma.org

Senior ride program, elder law, counseling, recreational activities, nutrition sites.
Westminster Seniors Friendship Club: 978-874-2339 (for seniors 55 years and older in Westminster and neighboring towns.) Have regular meetings and special events. Meet at St. Edwards Church in Westminster.

Special Needs Services

ADHD

ADHD Parent Support Groups

Concord MA
978-369-1779

Support groups for Parents of ADHD Children. Works with elementary age children.

Metrowest CHADD

508-302-2425
www.chadd.net/467

Offers information about local resources and support groups dealing with ADD.

National Resource Center on AD/HD

800-233-4050

Can answer questions about educational rights, treatment options, diagnostic procedures and how to locate support and procedures.

Asperger's

Asperger's Association of N.E.

51 Water Street #206
Watertown MA 02472
617-393-3824
www.aane.org

Provides information, referrals, educational programs and support for individuals with Asperger Syndrome and their families.

Asperger's Support Group

Worcester/Auburn MA
508-832-7790

Support group for individuals with Asperger's symptoms and their families.

Autism

Autism Alliance of Metrowest

14 East Central St., RT 13
Natick MA 01760
508-652-9900
www.autismalliance.org

Provide families with information, education and support.

Autism Resource Center of Central Massachusetts

71 Sterling St.
West Boylston MA 01583
508-835-4278
www.arccm.org

Providing information, library, hotline, technology assistance, networking and education

Autism Society of America, Massachusetts Chapter

47 Walnut St.
Wellesley Hills MA 02481
781-237-0272 x17
asamasschapter@hotmail.com

Support and information for parents of children with PDD/Autism

Doug Flutie Jr. Foundation for Autism

615 Concord Street
Framingham MA 01702
508-270-8855
www.dougflutiejrfoundation.org

Funding available for financially disadvantaged families who need assistance caring for their child on the autism spectrum.

Parents of Children with PDD/Autism

564 Main Street (ARC)
Fitchburg MA
978-342-2670

Support group through ARC, Fitchburg

Birth Defects

Easter Seals

484 Main St., 600th Floor
Worcester MA 01608
508-757-2756
www.eastersealsma.org

Services for people of all ages

March of Dimes

508-366-9066
www.marchofdimes.org

Special Needs Services

Camps

Camp Harrington

320 Sewall Street
Boylston MA 01505
508-869-0586
508-869-6171
slockney@ymcaofcm.org

Inclusive day camp for children ages 5-14 yrs.

Camp Kingsmont

c/o Hampshire College, 893 West street
Amherst MA 01002
877-348-2267
703-288-0047
info.@campkingsmont.com

Weight loss camp; traditional summer camp in nutrition and fitness environment.

Winter: 195 Main Street, Great Barrington, MA :01230

Hole-In-The-Wall Gang Camp

565 Ashford Center Road
Ashford CT 06278
860-429-3444

Overnight summer camp for children with cancer. Founded and supported by the actor Paul Newman. Free of charge.

Diabetes

Barton Center For Diabetes Education

Clara Barton Road, Box 356
North Oxford MA 01537
508-987-2056

Two residential summer camps of children with diabetes, boys & girls. Also day camp and adventure camp.

Early Intervention

Community Healthlink Lipton Center: Early Intervention

100 Erdman Way
Leominster MA 01453
www.communityhealthlink.org

Serves families with children birth to three years of age; developmental assessments, therapies, children's services

Equipment

Assistive Technology Resource Center

Worcester Polytechnic Institute
100 Institute Rd.
Worcester MA 01609
508-831-5217
508-831-5498
atrc@wpi.edu

Pass It On, Inc.

PO Box 2120
Mashpee MA 02649
508-477-6966
800-267-6768
<http://passitonforkids.org>

Used and recycled medical equipment and assistive technology for children with special needs.

Family Support

Seven Hills Family Support Center

1460 John Fitch Highway
Fitchburg MA 01420
(978) 602-8711

www.sevenhills.org/programs/family-support-centers

At the Family Support Centers, our expertise includes: Individualized support and advocacy; Education on systems of care and funding; Information and referral; DESE/DDS wrap-around services; Agency with Choice self-directed funding model; Community Connections, sports & recreation; Friendship and relationship-building; Transition to adult supports; and Assistive Technology.

Special Needs Services

Intellectual

Best Buddies Massachusetts

617-778-0522
www.bestbuddiesma.org

The mission of Best Buddies is to enhance the lives of people with intellectual disabilities through opportunities for one-to-one friendships and integrated employment.

Learning Disabilities Program

Children's Hospital
Boston MA
617 355-6391
www.childrenshospital.org

Offers information, assessment, educational testing and treatment for children with learning disabilities.

The Summer Institute for the Gifted at Amherst College

866-303-4744
www.cgp-sig.com

Residential co-ed academic camp for gifted children. 4th-11th grade.

Mental Health

Centro Las Americas/ DDS Service

437 Main Street
Fitchburg MA 01420
(978) 343-5836
www.centrolasamericas.org

Offers Developmental Disability Services, Adult Family Care, Elder Services, Behavioral Health Services, and Children, Family, & Community Services.

The ARC Opportunity in North Central Mass

564 Main Street
Fitchburg MA 01420
(978) 343-6662

Public School Special Education Offices

Ashburnham-Westminster Regional School District

11 Oakmont Drive
Ashburnham MA 01430
978-827-1434
www.awrsd.org

Athol Royalston Public Schools

1062 Pleasant Street
Athol MA 01331
978-249-2403
www.arrsd.org

Ayer Shirley Regional Public Schools

141 Washington Street
Ayer MA 01432
978-779-8600 x 491
www.asrsd.org

Berlin-Boylston Regional School District

215 Main Street
Boylston MA 01505
508-869-2837

Clinton Public Schools

150 School Street
Clinton MA 01510
978-365-4200
www.clinton.k12.ma.us

Fitchburg Public Schools

376 South Street
Fitchburg MA 01420
978-345-3200
www.fitchburg.k12.ma.us

Gardner Public Schools

70 Waterford Street
Gardner MA 01440
978-632-1000
www.gardnerk12.org

Harvard Public Schools

Bromfield House, 39 Mass. Ave.
Harvard MA 01451
978-456-4140
www.psharvard.org

Special Needs Services

Leominster Public Schools

24 Church Street
Leominster MA 01453
978-537-7700
www.leominster.mec.edu

Lunenburg Public Schools

1401 Massachusetts Avenue
Lunenburg MA 01462
978-582-4122
www.lunenburgonline.com

N. Quabbin Comm Coalition

427 Main Street
Athol MA 01331
978-249-3703
www.nqcc.org

Nashoba Regional School District

50 Mechanic St.
Bolton MA 01740
978-779-0539 x 3013
www.nrsd.net

Quabbin Regional School District

872 South Street
Barre MA 01005
978-355-4668 x 8517
www.qrsd.org

Wachusett Regional School District

1745 Main Street
Jefferson MA 01522
508-829-1670
www.wrsd.net

Resources

A Parent's Guide to Special Education

www.fcsn.org/parentguide/pgintro.html

Family Information Needs Collection

Worcester Public Library 3 Salem Square
Worcester MA 01608
508-799-1655
508-799-1724
www.worcpublic.org
Collection of books, videos, talking on loan to local families.

Federation for Children with Special Needs

1135 Tremont St., 4th Floor
Boston MA
800-331-0688
617-236-7210
www.FCSN.org
The Federation provides information, support, and assistance to parents of children with disabilities.

Greater Athol Area Advocates for Families with Special Needs

359 Main Street
Athol MA 01331
978-249-4052
800-834-2333
www.assn.org

Special Needs Services

State Agencies

Mass. Advocacy Center

25 Kingston Street 2nd Floor
Boston Ma 02111
617-357-8431
www.massadvocates.org

Advocacy for children needing special education services.

Mass. Department of Developmental Services

Glavin Regional Center 214 Lake St.
Shrewsbury MA 01545
508-845-9111

Mass. Department of Education

75 Pleasant Street
Malden MA 02148
781-338-3000
www.doe.mass.edu/SPED

Mass. Department of Mental Health

255 Staniford Street
Boston Ma 02114
617-626-8000
www.mass.gov/dmh

Mass. Development Disabilities Council

1150 Hancock St., Suite 300
Quincy MA 02169
617-770-7676
617-770-9499 tty
www.mass.gov/mddc

Promotes opportunities for people with developmental disabilities and their families to enhance independence, productivity, integration and inclusion.

Town Information

Government

Ashburnham Town Hall

32 Main Street
Ashburnham MA 01430
978-827-4100
www.ashburnham-ma.org

Athol Town Hall

584 Main Street
Athol MA 01331
978-249-4551
www.athol-ma.gov

Barre Town Hall

40 West Street, P.O.Box 418
Barre MA 01005
978-355-5003
clerk@townofbarre.com

Bolton Town Hall

663 Main Street
Bolton MA 01740
978-779-2297
www.townofbolton.com

Clinton Town Hall

242 Church Street
Clinton MA 01510
978-365-4119
www.clintonma.gov

Fitchburg City Hall

166 Boulder Dr#108
Fitchburg MA 01420
978-829-1820
www.ci.fitchburg.ma.us

Gardner City Hall

95 Pleasant Street,Rm121
Gardner MA 01440
978-630-4058
www.gardner-ma.gov

Hardwick Municipal Office Building

307 Main Street, P.O. Box 575
Gilbertville MA 01031
413-477-6197
admin@townofhardwick.com

Hubbardston Town Hall

7 Main Street
Hubbardston MA 01452
978-928-1400 202
clerk@hubbardstonma.us

Lancaster Town Hall

695 Main Street
Lancaster MA 01523
978-365-3326 ext.1013
www.ci.lancaster.ma.us

Leominster City Hall

25 West Street
Leominster MA 01453
978-534-7536
www.leominster-ma.gov

New Braintree Town Hall

20 Memorial Dr
New Braintree MA 01531
508-867-2071
www.newbraintree.org

Oakham Town Hall

2 Coldbrook Road
Oakham MA 01068
508-882-5549 305

Petersham Town Hall

3 South Main Street
Petersham MA 01366
978-724-3353
petershamtownclerk@verizon.net

Royalston Town Hall

Whintney Hall. 5 School Street
S. Royalston MA
978-249-0493
townclerk@royalstonma.gov

Westminster Town Hall

11 South Street
Westminster MA 01473
978-874-7436
www.westminster-ma.org

Town Information

Winchendon Town Hall

109 Front Street
Winchendon MA 01475
978-297-2766
www.townofwinchendon.com
closed on fridays

News

Clinton Item

156 Church Street
Clinton MA 01510
978-368-0176
www.clintonitem.com

Clinton Mass. Online

www.clintonmass.com

Fitchburg Pride

PO Box 951
Fitchburg MA 01420
978-534-6006
www.fitchburgpride.com

Leominster Champion

285 Central Street, Ste. 202B
Leominster MA 01453
978-534-6006
www.leominsterchampion.com

Winchendon Online Newsletter

www.townofwinchendon.com

Veterans Services

General

Coming Together Around Military Families

www.zerotothree.org

A partnership between Zero to Three and the US Department of Defense which brings trainings to military families which help young children and families experiencing trauma, grief or loss as the result of a service member's deployment.

Military OneSource

800-342-9647

www.militaryonesource.com

A resource for military members, spouses and families, available 24/7 that is prepaid by US Department of Defense. Offers help with childcare, relocation, financial and legal concerns as well as everyday issues and more.

National Military Family Association (NMFA)

2500 North VanDorn Street, Suite 102

Alexandria VA 22302

info@militaryfamily.org

An organization dedicated to improving lives of offers and enlisted families in all branches of the service.

Veteran Hospice Homestead

69 High Street

Fitchburg MA 01420

978-353-0234

www.veteranhomestead.org

Provides transitional housing, homeless shelter for the terminally ill. Includes case management, advocacy, food, basic medical and mental health assistance and peer counseling.

VISN 1: VA New England Health Care System

200 Spring Road, Building 61

Bedford MA 01730

781-687-4821

Provides quality healthcare and related services to eligible New England veterans at its 8 medical centers and 35 outpatient clinics.

Local Veterans Agent

Barre Veterans Services

352 Town Farm Road

Barre MA 01005

978-355-5024 8

Veterans Services Officer

32 Main Street

Ashburnham MA 01430

978-630-4017 ext8

Veterans Services Officer

14 Wallace Ave

Fitchburg MA 01420

978-829-1797

Veterans Services Officer

95 Pleasant Street, Room 13

Gardner MA 01440

978-630-4017

Veterans Services Officer

25 West Street

Leominster MA 01453

978-534-7538

Veterans Services Officer

Town Hall, 109 Front Street

Winchendon MA 01475

978-297-0500

Veterans Services

State

Massachusetts Department of Veterans Services

600 Washington Street, Floor 7th

Boston MA 02111

888-844-2838

617-210-5480

MDVS@vet.state.ma.us

DVS serves as an advocate for Massachusetts veterans and their families in securing federal compensation and other benefits.

Massachusetts Veterans Memorial Cemetery

111 Glenallen Street

Winchendon MA 01475

978-297-9501

Cemetery serving Massachusetts' eligible veterans and their families. There is no fee for a veteran's burial and a nominal fee for burial of spouses and qualified dependents

Statewide Advocacy for Veterans Empowerment (SAVE)

600 Washington Street, Floor 7th

Boston MA 02111

888-844-2838

617-210-5743

The DVS and MA Department of Public Health offer this program for the prevention of suicide and mental health awareness.

Index of Organizations

Early Education and Care

Early Intervention

Children's Services
Community Healthlink Lipton Center - Early Intervention
Criterion Wachusett Early Intervention Program
Early Intervention & Family Support Programs UMASS
Family TIES of Massachusetts
Minuteman ARC for Human Services

Head Start

Clinton Head Start Program
MOC Child Care and Head Start Services
Winchendon Head Start Program

Local Early Education & Care (EEC) Contacts

Ashburnham-Westminster Community Partnership for Children
Clinton Community Partnerships for Children
Leominster Project Apples, CFCE
MOC Community Partnership for Children/Fitchburg
MOC Community Partnership for Children/Quabbin
MOC Community Partnership Gardner
MOC Early Literacy and CFCE
Nashoba Community Partnerships for Children
Valuing Our Children Athol/Royalston
Wachusett Coordinated Family & Community Engagement Program
Winchendon Community Partnerships for Children

Parent/Child Programs

Clinton/Lancaster Parent Child Home Program
Fitchburg Parent Child Home Program
Franklin Community Action Corporation
Leominster Parent Child Home Program
Lunenburg Family , Community Engagement
North Quabbin Family Network, Valuing Our Children
North Worcester County Healthy Families
Quabbin Parent Child Home Program

Play Groups

Bolton Play Group
Fitchburg Community Partnership
Gardner Community Play Group
Little Learners Book Club
Little Seedlings: Project Apples, CFCE
Play School (Clinton Community Partnerships for Children)
Stow Area Parent Network
The Moms Club of Lancaster & Sterling

Resources & Referrals

Child Care Connection
Child Care Resources

State

Mass. Department of Early Education & Care

Education/Training: Adults

Adult Education

ALFA (Adult Learning/Fitchburg Area)
Cleghorn Neighborhood Center
Clinton Adult Learning Center
Minuteman ARC for Human Services
Mount Wachusett Community College Devens Learning Center

Career Training

Career Center of North Central Massachusetts
Franklin County Community Development Corporation
Franklin/Hampshire Career Center
North Quabbin School to Careers Partnership
Workforce Central Career Center

Colleges/Universities

Anna Maria College
Fitchburg State University
Mount Wachusett Community College
N. Quabbin Comm Action Corp

Continuing Education

Assabet After Dark
Montachusett Regional Vocational Technical Continuing Education

Education: Private Schools

Private School

Applewild
Browning Elementary / South Lancaster Academy
Cottage Hill Academy
Cushing Academy
New River Academy
Notre Dame Preparatory School
Our Lady of Holy Rosary Elementary School
Sacred Heart of Jesus Elementary School
St. Anna's School
St. Anthony's Elementary School
St. Bernard's Central Catholic High School
St. Bernard's Elementary School
St. Leo's School
The Village School
Trivium School
Wachusett Hills Christian School
Winchendon School

Education: Public Schools

Districts & Charter Schools

Ashburnham-Westminster Regional School District
Athol Royalston Public School District
Ayer Shirley Regional Public Schools
Clinton Public Schools
Fitchburg Public Schools
Francis W. Parker Charter Essential School
Gardner Public Schools
Leominster Public Schools
Narragansett Regional Public Schools
Nashoba Regional Schools
Quabbin Public School District

Sizer School, a North Central Charter Essential School
Wachusett Regional School District
Winchendon Public Schools

Vocational

Assabet Valley Regional Technical High School
Baypath Regional Vocational School
Montachusett Regional Vocational Technical School

Education: Special Education Programs

Special Needs

Caldwell Alternative School
Caldwell Elementary School
CAPS Alternative Jr. Sr. High
CAPS Deaf/Hard of Hearing Program (DHHP)
CAPS Educational Collaborative
CAPS Gateway
CAPS Horizons I
CAPS Horizons II
CAPS Odyssey
CAPS Rainbow
CAPS Sr. Pathways
Devereux School
Dr. Franklin Perkins School
Eagle Hill School
Ellen Bigelow School
FLLAC Collaborative
Lipton Academy School
RFK Lancaster School
Stetson School

Emergency Support

General

American Red Cross
Care Service Project
Catholic Charities
Catholic Charities, Refugee Resettlement Program
Christ Episcopal Church
Community Services of SDA
Distrigas Application
Gardner Community Action Committee
GVNA Community Services
Jewish Family Services of Metrowest
Lutheran Social Services of New England
Mass. Department of Transitional Assistance
Massachusetts Alliance of Portuguese Speakers
Refugee and Immigrant Assistance Center
Salvation Army Corps & Community Centers
St Vincent De Paul Society - Sacred Heart Church
Urban Missionaries of Our Lady of Hope
WHEAT/United Way Community Services
Winchendon Community Action Council

Housing/Shelters

Department of Housing and Community Development
Friendly House Shelter
Horizons for Homeless Children
Lutheran Community Services of Southern New England, Inc.

Massachusetts Department of Children & Families
Montachusett Interfaith Hospitality Network
People In Peril Shelter

Utilities

Energy & Environmental Services MOC
Fuel Assistance/Low Income Heating Assistance
Good Neighbor Energy Fund
New England Farm Workers Council (NEFWC)
North Quabbin Energy

Violence/Abuse

Battered Women's Resources, Inc.
Battered Women's Shelter & Support
Battered Women's Shelters and Services
Childhelp USA National Child Abuse Hotline
Community Healthlink/Worcester Youth & Family Services
Daybreak Resources for Women and Children, Inc
Domestic Violence Ended (Dove) Youth Hotline
Domestic Violence Shelter & Support Hot Line
Enough Abuse/Mass. Citizens for Children (MassKids)
Mass. Department of Children and Families (DCF)
Mass. Society for the Prevention of Cruelty to Children (MSPCC)
National Domestic Violence Hot Line
Parent & Children's Services/ Parental Stress Line
Rape Crisis Center
Rape Crisis Center, Central MA
YOU, Inc.

Enrichment/Recreation

Adults

Adult Mixed Softball Association
Central MA Basketball
North Central Basketball
Semi Pro Baseball

Camps

Camp Harrington
Camp Kidoodles
Camp Putnam
Camp Sabra PreK
Cricket Corner Camp/Orchard Hills Athletic Club
Davis Farmland/Junior Farmer Day Camps
Mass Audubon Sanctuary Camps

Historical

Ashburnham Historical Society
Barre Historical Society
Bolton Historical Society
Clinton Historical Society
Fitchburg Historical Society
Lancaster Historical Commission
Leominster Historical Society
Stow Historical Commission
Westminster Historical Commission
Westminster Historical Society
Winchendon Historical Society

Libraries/Literacy Services

Audio Journal

Beals Memorial Library
Bigelow Free Public Library
Fitchburg Public Library
Forbush Memorial Library
Leominster Public Library
Levi Heywood Memorial Library
Literacy Volunteers of Massachusetts
Massachusetts Adult Literacy Hotline
Stevens Memorial Library
Thayer Memorial Library

Museums

Currier Museum of Art
DeCordova Museum and Sculpture Park
Discovery Museums of Acton
Eco Tarium
Eric Carle Museum of Picture Book Art
Fitchburg Art Museum
Frederick Historical Piano Collection
Fruitlands Museum
Gallery of African Art
Museum of Russian Icons
The Gardner Museum
Top Fun Aviation Toy Museum
Wallace Civic Center
Worcester Art Museum

Parks & Recreation Departments

Bolton Parks and Recreation
Clinton Parks and Recreation
Clinton Parks and Recreation Department
Fitchburg Recreation Department
Leominster Recreation Department
Sterling Recreation Department

Parks/Farms

Anascomet Beach
Ashburnham Conservation Trust
Barre Falls Dam
Bolton Conservation Trust
Coggshall Park
Coolidge Park
Crocker Pond Beach and Recreation Area
Crow Hill/Leominster State Forest
Davis Farmland
Dunn Pond State Park
Gardner Heritage State Park
Hager Park
Lake Dennison Recreation Area
Marshall Farm
Midstate Trail
Miller's River
Monument Park
Moore State Park
Mount Watatic
Otter River State Park
Overlook Farm/Heifer International
Rutland State Park
Sholan Farms
Tower Hill Botanic Garden
Wachusett Mountain State Reservation

Pools

Greenwood Memorial Pool Complex
Philip J. Weihn Memorial Pool

Service Organizations

Ashburnham Lions Club
Ashburnham-Westminster Rotary Club
Friends of Forbush Memorial Library
Westminster Lions Club
Westminster Women's Club

Theatre/Music

Barre Players Theatre
Clinton Community Theatre
Cornerstone Performing Arts Center
Stratton Playhouse
Thayer Symphony Orchestra
Theatre at the Mount (MWCC)
Wachusett Music
Westminster Town Band

YMCA

YMCA - Greendale Family Branch
YMCA - Montachusett Regional
YMCA - Wendell P Clark Memorial

Youth

American Little League
Ashburnham Little League
Athol-Mahar Pop Warner
Babe Ruth League
Barre Youth Commission
Boy Scouts of America
Boys & Girls Club of North Central Mass.
Fitchburg Pop Warner
Football AFY
Gardner Little League
Giguere Gymnastics School
Girl Scouts of America
Greater Gardner Youth Hockey
Gymnastics Learning Center
Lassie Softball League
Leominster DEK Hockey
Leominster Pop Warner
Leominster Youth Soccer Association
Little League
Meridian Gymnastics & Youth Fitness
Nashoba Baseball
National Little League
North Leominster Little League
North Middlesex Pop Warner
Oakmont Outlaws Soccer Club
Oakmont Pop Warner Football
Oakmont Youth Basketball League
Oakmont Youth Soccer
Pop Warner Football & Cheerleading
Sterling Academy of Gymnastics
Sting Lacrosse
Twin City Youth Hockey
Veterans Memorial Arena
Westminster Little League

Winchendon Pop Warner
Wrestling: Leominster Youth Commission

Family Services

Food Assistance

Barre WIC office. Barre Family Health Center
Clinton WIC Office/ WHEAT office
Gardner WIC office
Leominster WIC office
Winchendon WIC office (CAC)

General

Adoptive Families Together
Anti-Defamation League (ADL) Jewish Philanthropies
Children's Aid & Family Service, Inc. (CAFS)
Community Action of the North Quabbin, Inc.
Domestic Violence Ended (DOVE)
Family Services of Central Mass.
Jewish Family Services
Montachusett Opportunity Council, Inc.
North Quabbin Community Coalition
Springfield Partners for Community Action, Inc.
United Neighbors of Cleghorn (Cleghorn Neighborhood Center)
Worcester Community Action Council, Inc. (WCAC)
Youth Opportunities Upheld (YOU, Inc.)

Grief Support Group

Community Birth Loss Support Group
Compassionate Friends

Health Care

UMASS Memorial Health Care/Family Education Center - Baby-Sitting Program

Housing/Shelters

Athol Housing Authority
Barre Housing Authority
Clinton Housing Authority
Fitchburg Housing Authority
Gardner Housing Authority
Greater Gardner Community Development Corporation
Habitat for Humanity, North Central Massachusetts
Lancaster Housing Authority
Leominster Housing Authority
Our Father's House, Inc.
RCAP Solutions, Inc.
Winchendon Housing Authority

Mental Health

Call2Talk
Heywood Hospital
Milford Regional Medical Center
South Bay Mental Health Center
The Lipton Center (run by Community HealthLink)

Parent/Child Programs

Athol Parent Child Home Program
Fitchburg Parent Child Home Program
Franklin Community Action Corporation
La Leche League (Worcester Chapter)
Lunenburg Family Network, Eagle House

North Quabbin Family Network, Valuing Our Children
North Worcester County Healthy Families
Parents Helping Parents
Peter Pan Center
Play School (Clinton Community Partnerships for Children)
Quabbin Parent Child Home Program
The House of Peace & Education, Inc. (HOPE)

Pregnant Women & Children

Ayer WIC Office
Babysitting Program at Clinton Hospital
North Central WIC Program

Family Services: Mental Health

Emergency

Central Region Department of Children and Families
Child-At-Risk Hotline
Mass. Department of Children and Families
North Central Department Of Children and Families

General

Community Healthlink/Worcester Youth & Family Services
Kid's Net Connection MSPCC
LUK Inc.
North Central Human Services, Inc.
YANA -You Are Not Alone

Food Assistance

Farmers Markets

Ashburnham Farmers Market
Barre Farmers Market
Fitchburg Farmers Market
Gardner Farmers Market
Hardwick Farmers Market
Holden Farmers Market
Lancaster Farmers Market
Orange Farmers Market
Paxton Farmers Market
Phillipston Farmers Market
Princeton Farmers Market
Sterling Farmers Market
Westminster Farmers Market
Winchendon Farmers Market

Food Pantries

Ashburnham Community Church
Barre Food Bank
Christ Episcopal Church
First Baptist Church Community, Food Cupboard
Ginny's Helping Hands Food Pantry
Highland Baptist Church
Lighthouse Food Pantry
Ruth's Harvest Pantry, United Methodist Church
Rutland Food Pantry
Salvation Army Food Pantry
Sharing Cupboard Food Pantry
St. Joseph's Food Pantry
Stow Food Pantry

Tri-Parish Community Church Food Bank
Wachusett Food Pantry
Westminster Food Pantry at First Congregational Church
WHEAT Community Services
Worcester County Food Bank

General Resources

Angel Food Ministries/Charlton Baptist Church
Catholic Charities
Fitchburg/Leominster Community Action Council
Gardner Community Action Council
MOC Elder Services, Senior Center
North Central WIC Program
Salvation Army
Serve New England: Rollstone Serve Fitchburg
Spanish American Center
St. Vincent dePaul at Saint Leo's Church
St. Vincent dePaul Society at Sacred Heart Church
Supplemental Nutrition Assistance Program (SNAP)

Meals

Fellowship Table
Kid's Café
Mustard Seed
Our Father's Table
WHEAT Community Café

Health Services

Clinics/ Free Care

Community Health Connections/Access Program
Gardner Community Health Center
Gateway Health Access Program
MassHealth

Dental

Family Health Center Dental
Great Brook Valley Health Center
Mass Health Dental

Emergency

Battered Women's Resources, Inc.
Childhood Lead Poisoning Prevention
Rape Crisis Center of Central Mass. Inc.
Suicide & Crisis Hotlines

General

ACTION Health Services, Community Health Connections
Better Breathers Club
Crosspoints Men's Health Collective (HIV)
Gardner Visiting Nursing Association
Leominster Community Health Center
Lifetime Center for Family Health
Mass. Rehabilitation Commission
UMASS Memorial Home Health & Hospice

HIV/AIDS

HIV/AIDS Support, Education & Advocacy

Home/Homeless Health Care

Gardner Visiting Nurse Association
Home Staff - Leominster

Montachusett Home Care
Orchard Street Shelter

Hospitals

Athol Memorial Hospital
Barre Health Center
Burbank Rehabilitation Center
Emerson Hospital
HealthAlliance Hospital
Heywood Hospital
Nashoba Valley Medical Center
St. Vincent's Hospital
The Barre Integrated Health Center
UMass Memorial Health Care
UMass Memorial Medical Center
Umass/Clinton Hospital

Housing for Patients' Families

ACS Worcester Hope Lodge
Why Me/Sherry's House

Pregnant Women & Children

Care-Net Pregnancy Resource Center
Child /Infant Safety/ CPR Class
Children's Medical Security Plan/Healthy Start
Early Intervention Partnership Program (EIPP)
Early Pregnancy Class
Lamaze Classes

Legal Assistance

Services/Support

Child Support Enforcement Unit (Mass. Department of Revenue)
Massachusetts Justice Project
The Legal Assistance Corporation of Central MA
Western Mass. Legal Service

Mental Health Services

Children & Adolescents

Children's Friend, Inc.
Children's Friends Society
Flying High Farm
University of Massachusetts Medical Center Dept. of Developmental and Behavioral Pediatrics

Drug/Alcohol Abuse

LUK Inc.: STEP (strengthen transition empower persevere)

Mental Health

Bolton Psychotherapy Association
Center for Living and Working
Children's Aid and Family Services
Clinical and Support Options
Community Healthlink - Lipton Center
Family Services of Central Mass.
First Call for Help
Healthy Directions at HealthAlliance Home Health & Hospice
Mass. Department of Children and Families
Mass. Department of Developmental Services
Mass. Department of Mental Health

Multicultural Wellness Center
North Central Alcoholism
Parents Helping Parents (parental stress line)
Psychiatry and Family Counseling
Riverside Counseling
The Elise Lindsay Healing Center
Youth Opportunities Upheld (YOU, Inc.)

Self Help Groups

Alcoholic Anonymous
Debtors Anonymous
Gamblers Anonymous
Narcotics Anonymous

Senior Services

COAs/Centers/Clubs

Ashburnham Council on Aging
Barre Council on Aging
Clinton Council on Aging
Fitchburg Senior Center
Gardner Council on Aging
Holden Senior Center
Lancaster Council on Aging
Leominster Council on Aging
Lunenburg Council on Aging
MOC Elder Services, Senior Center
Princeton Council on Aging
Sterling Council on Aging
Westminster Council on Aging

Special Needs Services

ADHD

ADHD Parent Support Groups
Metrowest CHADD
National Resource Center on AD/HD

Asperger's

Asperger's Association of N.E.
Asperger's Support Group

Autism

Autism Alliance of Metrowest
Autism Resource Center of Central Massachusetts
Autism Society of America, Massachusetts Chapter
Doug Flutie Jr. Foundation for Autism
Parents of Children with PDD/Autism

Birth Defects

Easter Seals
March of Dimes

Camps

Camp Harrington
Camp Kingsmont
Hole-In-The-Wall Gang Camp

Diabetes

Barton Center For Diabetes Education

Early Intervention

Community Healthlink Lipton Center: Early Intervention

Equipment

Assistive Technology Resource Center
Pass It On, Inc.

Family Support

Seven Hills Family Support Center

Intellectual

Best Buddies Massachusetts
Learning Disabilities Program
The Summer Institute for the Gifted at Amherst College

Mental Health

Centro Las Americas/ DDS Service
The ARC Opportunity in North Central Mass

Public School Special Education Offices

Ashburnham-Westminster Regional School District
Athol Royalston Public Schools
Ayer Shirley Regional Public Schools
Berlin-Bolyston Regional School District
Clinton Public Schools
Fitchburg Public Schools
Gardner Public Schools
Harvard Public Schools
Leominster Public Schools
Lunenburg Public Schools
N. Quabbin Comm Coalition
Nashoba Regional School District
Quabbin Regional School District
Wachusett Regional School District

Resources

A Parent's Guide to Special Education
Family Information Needs Collection
Federation for Children with Special Needs
Greater Athol Area Advocates for Families with Special Needs

State Agencies

Mass. Advocacy Center
Mass. Department of Developmental Services
Mass. Department of Education
Mass. Department of Mental Health
Mass. Development Disabilities Council

Town Information

Government

Ashburnham Town Hall
Athol Town Hall
Barre Town Hall
Bolton Town Hall
Clinton Town Hall
Fitchburg City Hall
Gardner City Hall
Hardwick Municipal Office Building
Hubbardston Town Hall
Lancaster Town Hall
Leominster City Hall
New Braintree Town Hall

Oakham Town Hall
Petersham Town Hall
Royalston Town Hall
Westminster Town Hall
Winchendon Town Hall

News

Clinton Item
Clinton Mass. Online
Fitchburg Pride
Leominster Champion
Winchendon Online Newsletter

Veterans Services

General

Coming Together Around Military Families
Military OneSource
National Military Family Association (NMFA)
Veteran Hospice Homestead
VISN 1: VA New England Health Care System

Local Veterans Agent

Barre Veterans Services
Veterans Services Officer

State

Massachusetts Department of Veterans Services
Massachusetts Veterans Memorial Cemetery
Statewide Advocacy for Veterans Empowerment (SAVE)



This North Central Massachusetts Family Resource Guide was compiled through a collaboration of **Coordinated Family and Community Engagement (CFCE)** programs of Central Massachusetts. CFCE programs are funded through grants from the Massachusetts Department of Early Education and Care (EEC) and provide the following:

- ✓ Family education, early literacy, and child development information and resources.
- ✓ Family activities and community events.
- ✓ Opportunities for parents/guardians to network with other parents/guardians.
- ✓ Assistance in accessing high quality early education & care or after school programs.
- ✓ Transition supports that address the needs of children and families, including school readiness activities.
- ✓ Assistance in accessing health and developmental screenings.
- ✓ Leadership opportunities for parents/guardians.
- ✓ Local early childhood councils.

**For more information:
Contact your local CFCE office, found on page 2 of this guide.**