

Winter Try-Out/Practice Schedule
ALL TRYOUTS BEGIN ON MONDAY, NOVEMBER 27, 2017

**STUDENT ATHLETES MUST BE REGISTERED ONLINE AND HAVE A CURRENT PHYSICAL ON FILE IN ORDER
TO PARTICIPATE IN A WINTER SPORT.**

Boys' Basketball – Coach Ortiz (dortiz@nrsd.net)

Freshman: Monday 11/27 – Friday 12/1 2:30pm-4:00pm
Monday 11/27: Grades 10-12 – 5:00pm – 8:00pm
Tuesday 11/28: Grades 10-12 – 6:00pm – 8:30pm
Wednesday 11/29: Grades 10-12 – 6:00pm – 8:00pm
Thursday 11/30: JV 6:00pm – 8:00pm / Varsity 6:00pm – 8:00pm

Girls' Basketball – Coach Seabury (cseabury@nrsd.net)

Monday 11/27: Grades 9-12 – 2:30pm – 5:00pm
Tuesday 11/28: Grades 9-12 – 3:30pm – 6:00pm
Wednesday 11/29: JV 2:30pm-4:00pm / Varsity 4:00pm – 6:00pm
Thursday 11/30: JV 2:30pm-4:00pm / Varsity 4:00pm – 6:00pm
Friday 12/1: JV 2:30pm-4:00pm / Varsity 4:00pm – 6:00pm

Wrestling – Coach Connery (pconnery@nrsd.net)

Monday 11/27 through Friday 12/1: 4:00pm – 6:00pm (Lower Gym)

Ice Hockey – Coach Short (tshort@nrsd.net)

Monday 11/27: Tryouts 3:00-4:00pm at NESC
Tuesday 11/28: Tryouts 5:00-6:00pm at NESC
Wednesday 11/29: Tryouts 3:00-4:00pm at NESC
Thursday 11/29: Varsity Practice 3:00-4:00pm at NESC
JV Practice 2:50-3:40pm at NESC
Friday 12/1: Varsity Practice 3:00-3:50pm at NESC

Girls' Ice Hockey – Contact Coach Hodge (mike@hodgeassociates.com)

Note: Algonquin Regional High School is the host school

Gymnastics Co-Op – Contact Coach Kelly (sm.jeansgymnastics@gmail.com) or Coach Frederickson (amanda.jeansgymnastics@gmail.com)

Note: Marlboro High School is the host school

Boys' Indoor Track – Coach Beckwith (sbeckwith@nrsd.net)

Monday 11/27 through Friday 12/1: 2:40pm-4:30pm (Auditorium Foyer)

Girls' Indoor Track – Coach Langelo (blangelo@nrsd.net)

Monday 11/27 through Friday 12/1: 2:40pm-4:30pm (Auditorium Foyer)

Ski Team – Coach Gormley (mgormley@nrsd.net) and Coach Burr-Nyberg (mburnnyberg@nrsd.net)

Monday 11/27 through Friday 12/1: 3:00pm-4:15pm (Cafeteria)

Swim/Dive Team – Coach White (cwhite@nrsd.net) and Coach MacDowell (kmacdowell@nrsd.net)

Monday 11/27 through Thursday 11/29: Practice 7:00pm-9:00pm (Atkinson Pool)

Late Bus Schedule: Monday – Friday at 5:00PM